

Our Family, Our Way

*FREE Communication and Care Coordination
Resource for Caregiving Families*

What's Our Family, Our Way?

When we need care and support, family is usually first to help. However, arrangements are often made without any discussion about what works best for everyone involved. Our Family, Our Way provides carefully designed materials to walk your family through the process of holding a family meeting where you can talk about what kinds of care and support are needed and wanted, and how you can work together to make it happen.

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Our Family, Our Way can help your family:

- Talk to each other about who will do what, where, when, and how.
- Create a family plan for how to address care needs now and in the future.



*To access our free family meeting materials,
videos, tip sheets, and other resources, visit:*
www.MiamiOH.edu/ScrippsAging/ofow