



# **Our Family Our Way**

## **Engagement Calendar**

Regardless of whether someone lives close or far away, “engagement” can come in many forms: telephone calls, emails, visits (in-person or virtual), family or friend gatherings, sharing meals, and sending cards or flowers. It could also include outings such as restaurants, worship services, meetings for social clubs or civic groups, and other events. Completing this calendar should involve a conversation with the person with care needs and the primary care partner to help families include engagement opportunities that preserve their interests. Review this document from time-to-time as interests and schedules change.

Use this calendar to record engagement that happens routinely (daily, weekly, and monthly). This will help you see the “gaps” where more engagement might be needed to help ensure that the person with care needs and/or the primary care partner is staying connected.

	<b>Morning</b>	<b>Afternoon</b>	<b>Evening</b>
<b>MONDAY</b>			
<b>TUESDAY</b>			
<b>WEDNESDAY</b>			
<b>THURSDAY</b>			
<b>FRIDAY</b>			
<b>SATURDAY</b>			
<b>SUNDAY</b>			