

**Valerie A. Ubbes, PhD, MCHES**

Department of Kinesiology and Health  
 College of Education, Health and Society  
 Miami University, Oxford, OH 45056  
 ubbesva@miamioh.edu

**Education**

1988 PhD in Health Education, Minor: Exercise Physiology, The Ohio State University, Columbus, OH  
 1980 MEd in Physical Education, Concentration: Exercise Physiology, University of Toledo, Toledo, OH  
 1979 BS in Physical Education, Minor: Dance, Appalachian State University, Boone, NC

**Professional Experience**

Professor, Department of Kinesiology & Health, Miami University, Oxford, OH, 2019-present  
 Associate Professor, Department of Kinesiology & Health, Miami University, Oxford, OH, 2000-2019  
 Assistant Professor, Department of Physical Education, Health, & Sport Studies, Miami University, Oxford, OH, 1993-1999.  
 Visiting Assistant Professor, Department of Physical Education, Health, & Sport Studies, Miami University, Oxford, 1992-93.  
 Assistant Professor, Department of Physical Education, Northern Illinois University, DeKalb, IL, 1989-1991.  
 Instructor, Department of Physical Education, Northern Illinois University, DeKalb, IL, 1987-1989.  
 School-Based Corporate Fitness Supervisor, Waubensee Community College, Sugar Grove, IL, 1987.  
 Corporate Health & Fitness Supervisor, Battelle Memorial Institute, Columbus, OH, 1984-1986.  
 Assistant Women's Gymnastics Coach, The Ohio State University, Columbus, OH, 1983-1986.  
 Instructor of Physical Education, Head Women's Gymnastics Coach, and Head Track & Field Coach, Department of Physical Education, University of Southern Colorado, Pueblo, CO, 1980-1983.  
 Graduate Teaching Assistant, Department of Health & Human Performance, University of Toledo, Toledo, OH, 1979-1980.

**I. Research & Scholarship**

My scholarship integrates the disciplines of education and health to form health education. I am a Master Certified Health Education Specialist with a strong niche in health education. My work influences the field through three interrelated themes: health education, health literacy, and technology. I have published 5 books, 5 book chapters, and 32 peer-reviewed papers. During my career, I've published in top health education journals (e.g., *Journal of School Health*, *Journal of Health Education*, *The Health Educator*, *Journal of Health Behavior and Education*, *International Electronic Journal of Health Education*) and in many education journals (e.g., *Journal of Early Childhood Research*, *Research in Middle Level Education*, and *Journal of Psychoeducational Assessment*). I have purposely translated educational theories into the health education literature by modeling the role of health educators as mediators between public education and public health agendas. For the first 23 years of my 28 years at Miami University, I developed and directed one of the 31 nationally accredited health education teacher preparation programs in the country. I am now preparing public health majors for a variety of healthcare careers due to a national curricular shift in 2014 to advance public health at the undergraduate level for the first time ever.

My current research agenda is focused on oral health literacy and digital literacy because *Healthy People 2020* (U.S. Department of Health and Human Services, 2010) has pointed to national goals for designing more valid and reliable health websites and for improving oral and dental health across the lifespan. To meet these two national goals, I developed and currently direct the Digital Literacy Partnership website (<https://dlp.lib.miamioh.edu>), which houses three literature-based databases and an eBook for Oral Health Literacy© in partnership with the Center for Digital Scholarship of Miami University Libraries. One of my databases earned the distinction of being named one of the 101 Best Websites for Elementary Teachers by the International Society for Technology in Education in 2005, and then later, I was recognized by the American Public Health Association for transforming the profession of health education through the use of technology. I am dedicated to advancing a national oral health literacy curriculum as an integrative model of skill-based health education and functional literacy. I have taught undergraduate majors to write and co-produce materials for emergent and low literacy audiences in my professional preparation courses through a pedagogy of academic service learning. My new curriculum combines the role of reading and writing to foster functional health literacy, which I define as the ability to read, write, and speak about health in a variety of life situations and settings.

I have served on two national health *and* education committees charged with writing curriculum standards for health education (pre-Kindergarten through grade 12). My pedagogical textbooks promote a skills-based developmental approach to health education for children and youth while also moving the field toward a constructivist theoretical perspective. My teaching, research, and service are interconnected through an inquiry-based praxis that uses digital technology as a tool for increasing access to health literacy materials across the U.S. and abroad.

## Books

5. **Ubbes, V.A.** (2008). *Educating for health: An inquiry-based approach to preK-8 pedagogy*. Champaign: Human Kinetics.
4. **Ubbes, V.A.** (2004). *Multiple intelligences: Different ways to educate for health*. Mason, OH: Thomson Learning.
3. **Ubbes, V.A.**, Hall, T.A., & Falk, C.A. (2004). *Modules for teaching & learning about health education: A study of guiding questions, essential readings, critical concepts, & mental models* (2nd Edition). Mason, OH: Thomson Custom Publishing.
2. **Ubbes, V.A.** & Spillman, D. M. (2000). *Literature links for nutrition and health*. Needham Heights, MA: Allyn & Bacon.
1. **Ubbes, V. A.** & Spillman, D. M. (1996). *Mega market for the mind: Nutrition and health education teaching strategies for elementary school teachers*. Columbus, OH: Nutrition Education and Training, Ohio Department of Education.

## Book Chapters (Peer Reviewed)

7. **Ubbes, V.A.** (2013). Whole child. In Wiley, D.C. & Cory, A. C. (Editors). *Encyclopedia of School Health*. Thousand Oaks, CA: Sage Publications, pp. 661-663.
6. **Ubbes, V.A.** (2013). Promoting healthy eating: Patterns and concepts. In Wiley, D.C. & Cory, A. C. (Editors). *Encyclopedia of School Health*. Thousand Oaks, CA: Sage Publications, pp. 483-485.
5. **Ubbes, V.A.**, Black, J.M., & Ausherman, J.A. (2009). Teaching for understanding in health education: The role of critical and creative thinking skills within constructivism theory. In Black, J.M., Furney, S.R., Graf, H.M. & Nolte, A.E. (Eds.). *Philosophical foundations of health education*. San Francisco, CA: Jossey-Bass.
4. Ausherman, J.A. & **Ubbes, V.A.** (2002). Using a national literacy program for a service-learning project: Pre-service teachers make a difference. In Aquila, F.D. (Ed.), *Service-Learning Research K-16: Innovation and Change in American Education*. Learn and Serve America and Cleveland State University.
3. **Ubbes, V.A.** (2000). Health education. In Cheris Kramarae & Dale Spender, Eds., *Routledge International Encyclopedia of Women*, Volume II. New York & London: Routledge, pp. 986-989.
2. **Ubbes, V.A.** (1996). Exploring health values of school-age children. In W.P. Buckner, Jr., (Ed.), *Health education teaching ideas: Elementary*. Reston, VA: AAHE.
1. **Ubbes, V.A.** (1991). Relationship between self concept, eating behavior, and success of female collegiate gymnasts from big ten conference teams. In David R. Black (Ed.), *Eating disorders among athletes: Theory, issues and research*. (pp. 143-172). Reston, VA: AAHPERD.

## Journal Articles Published or In Press - Peer Reviewed (with Students\*)

35. **Ubbes, V.A.** & Ausherman, J.A. (2020). Historical research of health education conference themes (part 2) from 2010 to 2019: Three goals for teaching health education history. *Pedagogy in Health Promotion, In Review*.
34. **Ubbes, V.A.**, Witter, A.M.\*, Kraska, C.M.\*, Justus, E.E.\* (2020). Evaluation of an eBook for Oral Health Literacy© to promote child health: Readability, suitability, understandability, actionability, and gist-based message design. *Children and Teenagers*, 3(1), 54-80.
33. **Ubbes, V.A.**, Geller, K.S., Schweitzer, R., & Robison, K.\* (2020). Testing the psychometric properties of the Habits of Health Scale for children and youth. *Children and Teenagers*, 3(1), 1-15.
32. **Ubbes, V.A.** & Ausherman, J. (2018). A historical comparison of reading materials originating in the 19th & 20th centuries that contributed a language and vocabulary for functional health literacy. *The Health Educator*, 50 (2), 26-40.
31. **Ubbes, V.A.** (2018). Three pedagogical approaches to independent studies. *SPUR: Scholarship and Practice of Undergraduate Research*, 2(1), 66. doi:10.18833/spur/2/1/3.
30. **Ubbes, V.A.**, Dillhoff, R.\* , & Maldonado, W\*. (2018). Reading and writing attitudes of children: Conceptual implications for health education and health literacy. *Journal of Health Education Teaching*, 9(1), 49-67.

29. **Ubbes, V.A.**, Coyle, J., & Tzoc, E. (2018). Evaluation of an oral health curriculum: Design feedback from three audiences. *The International Journal of Health, Wellness, and Society*, 8(4), 1-10. <http://doi.org/10.18848/2156-8960/CGP/v08i04/1-10>
28. Tzoc, E. & **Ubbes, V.A.** (2017). The Digital Literacy Partnership Website: Promoting interdisciplinary scholarship between faculty, students, and librarians. *New Review of Academic Librarianship*, <https://doi.org/10.1080/13614533.2017.1333013>
27. Ausherman, J.A., **Ubbes, V.A.**, & Kowalski, J. (2014). Using school gardening as a vehicle for critical and creative thinking in health education. *The Health Educator*, 46(1), 41-48.
26. Matthews, D.\*, **Ubbes, V.A.**, & Freysinger, V.J. (2014). Perceptions of rhythm in elementary education: Implications for child health. *Journal of Early Childhood Research*, 1-15.
25. Zullig, K.J., **Ubbes, V.A.**, & Mann, M. (2013). Early adolescent literacy influences, reading ability, and preventative health behaviors. *American Journal of Health Studies*, 28(3): 134-141.
24. Zullig, K. J. & **Ubbes, V.A.** (2010). Impact of literacy influences and perceived reading ability on self-rated health of public middle school students. *Research in Middle Level Education*, 33(8): 1-9.
23. Zullig, K.J., Koopman, T.M.\*, Patton, J.M. & **Ubbes, V.A.** (2010). School climate: Historical review, instrument development, & school assessment. *Journal of Psychoeducational Assessment*, 28(2): 139-152.
22. Esch, L.\* & **Ubbes, V.A.** (2009). A culturally appropriate framework for educating collegiate international students about alcohol. *International Electronic Journal of Health Education*, 13, 24-28.
21. Black, J.M., & **Ubbes, V.A.** (2009, February 24). Historical research: A thematic analysis of convention and conference themes for selected professional health education associations from 1975 to 2009. *International Electronic Journal of Health Education*, 12, 33-47.
20. **Ubbes, V.A.** & Zullig, K.J. (2008). Impact of a comprehensive health education curriculum (CHEC) on selected risk behaviors of students in grades 5-12. *Future Focus: Ohio Journal of Health, Physical Education, Recreation, and Dance*, 29(2), 25-31.
19. **Ubbes, V.A.** & Ward, R.M. (2007). Design of a conceptual model for the study of education, health, & communication: Professional preparation issues. *California Journal of Health Promotion*, 5(1), 30-38.
18. Zullig, K.J., **Ubbes, V.A.**, Pyle, J.\*, & Valois, R.F. (2006). Self-reported weight perceptions, dieting behavior, & breakfast eating among high school adolescents. *Journal of School Health* 76(3): 87-92.
17. **Ubbes, V.A.** & Zullig, K.J. (2006). Integration of literacy skills & health education competencies in a capstone course. *Future Focus*, 27(2): 16-24.
16. Zullig, K.J., Pun, S.\*, Patton, J. & **Ubbes, V.A.** (2006). Reliability of the 2005 middle school youth risk behavior survey. *Journal of Adolescent Health*, 39: 856-860.
15. **Ubbes, V.A.** & Ausherman, J.A. (2001). Program: Reach out & read for health literacy. *Health Education & Behavior*, 28(2): 165-166.
14. **Ubbes, V.A.**, Black, J.M., & Ausherman, J.A. (1999). Constructing knowledge for understanding in health education: The role of critical and creative thinking skills within constructivism theory. *Journal of Health Education*, 30(1), 32-38.
13. **Ubbes, V.A.**, Cottrell, R.R., Ausherman, J.J., Black, J.M., Wilson, P., & Gill, C. (1999). Professional preparation of Elementary teachers in Ohio colleges & universities: Status of K-6 health education. *Journal of School Health*, 69(1), 29-32.
12. **Ubbes, V.A.** (1999). Taking ACTION with the surgeon general's report on physical activity and health. *Journal of Physical Education, Recreation, and Dance*, 70(2), 48-52.

11. Cleary, M.J., Kaiser-Drobney, A.E., **Ubbes, V.A.**, Birch, D.A., & Stuhldreher, W.L. (1998). Service-learning in the 'third sector': Implications for professional preparation. *Journal of Health Education*, 29(5), 304-311.
10. **Ubbes, V.A.** (1997). Transforming individuals and organizations for the 21st century: Implications for health educators. *Journal of Health Education*, 28(3): 187-192.
9. Cottrell, R.R, **Ubbes, V.A.**, & Snider, J.A. (1997). The Ohio association of university health educators: History and development. *American Journal of Health Studies*, 13(4): 200-204.
8. Daniels, T.M.\* & **Ubbes, V.A.** (1996). Using story hour to teach elementary children about safe and unsafe food choices. *Journal of Health Education*, 27 (5), 324-325.
7. Maylath, N.S., & **Ubbes, V.A.** (1996). The status of mental health & illness education in the professional preparation of undergraduate health educators. *Journal of Health Education*, 27(5): 307-311.
6. **Ubbes, V.A.** (1996). Promoting healthful behaviors in children and youth. *Journal of Health Education*, 27(5), S58-S59.
5. Randolfi, E.A. & **Ubbes, V.A.**, Editors. (1995). A report to Ohio schools: Selected results & recommendations of the Ohio Youth Risk Behavior Survey. In *Future Focus: Ohio Journal of Health, Physical Education, Recreation, & Dance*, 16 (2): i-xiii.
4. **Ubbes, V.A.** & Watts, P.R. (1995). Terminology, tolerance, and flexibility: Communication challenges for health education. *Journal of Health Education*, 26, 251-53.
3. **Ubbes, V.A.** & Douglas, V.L. (1995, Fall). A year in review: Making health history come alive. *The Health Educator: Journal of Eta Sigma Gamma*, 12-13.
2. **Ubbes, V.A.**, Charles, M.M.\* & Anderson, J.\* (1993). Rap, sing, recite, or act: A hands-on approach to drug messages. *Future Focus: Ohio Journal of Health, Phys Education, Recreation, and Dance*, 14 (1), 21-24.
1. **Ubbes, V.A.** (1993). Nutrition in exercise and sport series: Exercise and disease. *Medicine, Exercise, Nutrition, and Health*, 2(6), 332.

### **Digital Technology - Integrated Scholarship of Research, Teaching, and Academic Service**

I have designed, written, edited, and maintained three databases to promote picture books, electronic texts, and public service announcements for use by the health education profession over the past 25 years. My first database called the Children's Picture Book Database at Miami University© has been nationally recognized as one of the 101 Best Websites for Elementary School Teachers (Lehman, 2006). My database aims to develop an inclusive language of keywords from all eight academic disciplines, so teachers and librarians can access books for children using a hierarchical thesaurus of 900 interdisciplinary keywords that I conceptualized for searching topics, concepts, and skills in over 5700 picture books. My database is inclusive to the subjects of health education, physical education, art, and music which makes it unique in databases for designing integrated curriculum for children. **In 1999, this database had over 1.5 million users and continues to be accessed and used through a new platform called the Digital Literacy Partnership.**

In 2014, I launched the Digital Literacy Partnership (DLP) website with two additional databases of health-related materials co-written with students @ <http://dlp.lib.miamioh.edu> Within the first two years (from 2/14/14 to 12/9/16), the DLP website had 27,074 users and 124,758 page views from 153 countries. With 2 additional years of tracking user data through Google Analytics, the DLP website increased to 47,460 world-wide users with 194,699 page views. In 2018, an eBook for Oral Health Literacy eBook Curriculum© was designed and launched. At that time, the United States represented 70%-78% of the total online sessions with 153 different countries making up the remaining 22%-30% of the total sessions. **Current January to July 2020 data shows that the Digital Literacy Partnership with four entities (see below) has increased to 51,379 world-wide users from 171 countries with an access rate of 245,032 page views.**

**Ubbes, V.A.** & The Center for Digital Scholarship at Miami University. (2014-Present). Digital Literacy Partnership (DLP): Three databases and one curriculum to promote the relationship between literacy, health, and technology. Designed, maintained, co-written, and edited by Valerie A. Ubbes:

- [1995-Present] Children's Picture Book Database at Miami University© <http://dlp.lib.miamioh.edu>
- [2014-Present] Health Advocacy Database at Miami University© <http://dlp.lib.miamioh.edu>
- [2014-Present] Health Literacy Database at Miami University© <http://dlp.lib.miamioh.edu>
- [2018-Present] eBook for Oral Health Literacy Curriculum© <http://dlp.lib.miamioh.edu>

## Publications Written as a National Committee Member or Invited Author for a Professional Organization

9. **Ubbes, V.A.** (2009). Book Foreword. *Philosophical foundations of health education*. Black, J.M., Furney, S.R., Graf, H.M. & Nolte, A.E. (Eds.), San Francisco, CA: Jossey-Bass, xv-xvi.
8. **Ubbes, V.A.** (2007). Review & Revision National Panel Member. In American Cancer Society, *National Health Education Standards: Achieving excellence*. Atlanta, GA: American Cancer Society.
7. **Ubbes, V.A.** (2005). Expert Panel Member. In Taras, H., Duncan, P., Luckenbill, D., Robinson, J., Wheeler, L., Wooley, S. (Eds.), *Health, Mental Health, and Safety Guidelines for Schools*, Elk Grove Village, IL: American Academy of Pediatrics and the National Association for School Nurses.
6. **Ubbes, V.A.** (2003). Caring, competent, and transformative educators: Examples from Miami University. *HIV Prevention and Comprehensive School Health Education Project Brief*, 8(2), 1-2, 4.
5. **Ubbes, V.A.** (2002). Picture book database strengthens children's vision of literacy and health. *ASCD Curriculum Technology Quarterly*, 11(3): 3.
4. **Ubbes, V.A. (2000)**. Online ASCD Tutorial: Health promoting schools. Why is health integral to academic success? What are the characteristics of a health-promoting school? How do we educate for health across the life span? Are physical education and health education both necessary for all of our students? Alexandria, VA: Association for Supervision and Curriculum Development.
3. **Ubbes, V.A.** (1999, October). *Focus on volunteers: Reach Out and Read (ROR) partners with teacher education at Miami University*. Boston, MA: National Reach Out and Read, p 3.
2. **Ubbes, V.A.** (1999). Advocacy and teaming on behalf of adolescents: Who are they and what do they need? *HIV Prevention & Comprehensive School Health Education Project Newsletter*, 5(1), 4-6. Reston, VA: American Association for Health Education.
1. **Ubbes, V.A.** (1993). Can self-concept and eating behavior predict the success of female collegiate gymnastics from Big Ten conference teams? In Stephen Whitlock (Ed.), *USA Gymnastics Congress Proceedings Book*, pp. 22-26. Indianapolis, IN: USA Gymnastics, Department of Educational Services and Safety.

## Other Print and Electronic Productions Written for National Dissemination

5. **Ubbes, V.A.** (2001, May). Health in Education Network of ASCD. *School Health Program News*, 6(2): 16.
4. **Ubbes, V.A.** (2000, January). Health in Education Network of ASCD. *School Health Program News*, 5(1): 14.
3. **Ubbes, V.A.** (2000, May). Health in Education Network of ASCD. *School Health Program News*, 5(2): 12.
2. **Ubbes, V.A.** (2000, September). Health in Education Network of ASCD. *School Health Program News*, 5(3): 14.
1. **Ubbes, V.A.** (1999, February). Health in Education Network of ASCD. Professionals and programs that support problems of children and youth. *Health in Education Network Update*, 3(1), 3.

## Refereed Presentations -- International

7. **Ubbes, V.A., & Wolfe, C.** (2019, March). *Design assessment of an oral health literacy eBook for children: Verbatim versus gist inferences on sentence construction and meaning making*. 4th European Health Literacy Conference. Dublin, Ireland.
6. **Ubbes, V.A., Smith, D. & Ubbes, J.M.** (2019, March). *Advancing a framework for chiropractic health literacy*. 15th World Federation of Chiropractic Biennial Congress - 2019 European Chiropractors' Union Convention. Berlin, Germany.
5. **Ubbes, V.A. & Allsopp, M.** (2018, May). *Conceptualization of labyrinth training and research for professional development of health education specialists, medical professionals, and therapists*. 6th European Conference on Religion, Spirituality, and Health. University of Coventry, Coventry, England.
4. **Ubbes, V.A.** (2012, April). *Hands as body language and tools for creative & routine habits of health*. International Froebel Society Conference, Trinity College, Dublin, Ireland.
3. **Ubbes, V.A.** (2010, August). *Co-construction of electronic texts to educate for health*. Sixth Interdisciplinary Social Science Conference. University of Cambridge, England.

2. **Ubbes, V.A.** (2007, March). *Integrative patterns of text, subtext, and context in the design of literature-based curricula for all disciplines*. Oxford Round Table. University of Oxford, England.

1. **Ubbes, V.A.** (2005, March). *The children's picture book database at Miami University: Research, education, access, and direction (READ)*. Oxford Round Table, Lincoln College, University of Oxford, England.

### Refereed National Presentations (with Students\*)

49. **Ubbes, V.A.**, & Baker, J.\* (2019, October). *Use of labyrinths with journaling to enhance mental and emotional health*. American School Health Association Annual Convention. Cincinnati, OH.

48. **Ubbes, V.A.**, & Witter, A.\* (2019, April). *Self efficacy assessments of child-parent dyads after participating in an online oral health literacy curriculum*. National Conference for Undergraduate Research. Marietta, GA: Kennesaw State University.

47. **Ubbes, V.A.**, Geller, K., Miller, B., Ausherman, J., Burke, K.B.\*, & Skeels, A\*. (2018, April). *Psychometric development of child gardening surveys aligned to social cognitive theory*. Society for Public Health Education. Columbus, OH.

46. **Ubbes, V.A.** (2018, April). *A visual-textual social media launch of an eBook for Oral Health*. Unite for Sight Conference. Yale University. New Haven, CT.

45. Coyle, J. & **Ubbes, V. A.** (2017, October). *Process evaluation of an oral health literacy curriculum: Digital design feedback from 3 different target audiences*. Seventh International Conference on Health, Wellness & Society. Denver, CO.

44. **Ubbes, V.A.** (2017, October). *Developing healthy habits and skills through health literacy eBooks*. American School Health Association Annual Convention. St. Louis, MO.

43. **Ubbes, V.A.** & Lang, K.\* (2017, October). *The role of digital technology in promoting health literacy*. Health Educators' Institute. Ohio Society for Public Health Education. Oregon, OH.

42. **Ubbes, V.A.** & Tzoc, E. (2017, November). *A case study in writing digital literacy materials*. Lilly Conference on College Teaching. Miami University, Oxford, OH.

41. **Ubbes, V.A.** (2016, April). *Health Literacy Database at Miami University: Visual-textual & lexical patterns for health*. OLC Innovate Conference, Research Highlights and Trends, New Orleans, LA.

40. **Ubbes, V.A.** (2014, November). *Electronic texts for health literacy: Their historical context and innovation in a time of no child left behind*. Twelfth International Conference on Books, Publishing, and Libraries. Simmons College, Boston, MA.

39. **Ubbes, V.A.** & Tzoc, E. (November 2013). *Visual textual integration to advance health literacy*. 35<sup>th</sup> National Conference for the Association for Interdisciplinary Studies. Miami University, Oxford, OH.

38. **Ubbes, V.A.** (2012, April). *The history of the American Turners: Influences in preparing educators*. Midwest District of AAHPERD Centennial Convention. Bloomington, IL.

37. **Ubbes, V.A.** & Ausherman, J.A. (2011, June). *Health literacy materials for educational use*. U.S. Public Health Service Scientific and Training Symposium. New Orleans, LA.

36. **Ubbes, V.A.** & Black, J.M. (2011, March). *Thematic textual analysis of picture books in health education*. The National Convention of the American Alliance for Health, Physical Education, Recreation, and Dance. San Diego, CA.

35. Black, J.M., **Ubbes, V.A.**, & Ausherman, J.A. (2011, March). *A constructivist approach to analyzing historical documents and materials*. The National Convention of the American Alliance for Health, Physical Education, Recreation, and Dance. San Diego, CA.

34. Black, J. M. & **Ubbes, V. A.** (2010, May). *Historical research in health education: A thematic analysis of convention and conference themes*. Sixth International Congress of Qualitative Inquiry (IQI2010), University of Illinois, Champaign, IL.

33. **Ubbes, V.A.** (2010, March). *Electronic texts for health literacy in early childhood education*. The National Convention of the American Alliance for Health, Physical Education, Recreation, and Dance. Indianapolis, IN.
32. **Ubbes, V.A.** (2009, June). *The health of Tourette Syndrome: Planning educational supports for a quality of life*. 5th International Scientific Symposium on Tourette Syndrome, New York City, NY.
31. **Ubbes, V.A.**, Wineberg, K.W.\*, & Zullig, K. (2008, November). *Impact of a comprehensive health education curriculum on selected risk behaviors of students in grades 5-12*. 82nd American School Health Association Conference. Tampa, FL.
30. **Ubbes, V.A.** (2008, October). *Technology as a tool: Inquiry-based constructivism*. American Public Health Association Conference. HEDIR-AAHE Technology Awards Luncheon. San Diego: CA.
29. **Ubbes, V.A.** (2008, June). *Picture books as an art form and artifact for promoting human health and wellbeing*. The 20th Annual Conference of the National Association of Health Education Centers and the American Association for Health Education. Cincinnati, OH.
28. **Ubbes, V.A.** (2008, June). *Engage – challenge – inspire: Ways to educate for health through collaborative partnerships*. The 20th Annual Conference of the National Association of Health Education Centers and the American Association for Health Education. Cincinnati, OH.
27. Schlake, A.\* & **Ubbes, V.A.** (2008, June). *The heart truth: Tailoring a public health campaign for building healthy communities*. The 20th Annual Conference of the National Association of Health Education Centers and the American Association for Health Education. Cincinnati, OH.
26. Zullig, K.J., **Ubbes, V.A.**, & Wineberg, K.\* (2007, December). *Impact of literacy influences and perceived reading ability on the self-rated health status of 7th and 8th grade public school students*. 7th Conference of the International Society for Quality of Life Studies (ISQOLS). San Diego, CA.
25. **Ubbes, V.A.** (2007, January). *Multiple forms of information for teaching and learning*. EDUCAUSE Learning Initiative Annual Meeting. Atlanta, GA.
24. **Ubbes, V.A.** (2007). *Health, race, & gender representations in children's picture books*. Society for Public Health Education (SOPHE) 58th Annual Meeting. Alexandria, VA.
23. Zullig, K.J., Pun, S.\*, Patton, J. & **Ubbes, V.A.** (2006, October). Reliability of the 2005 middle school version of the Youth Risk Behavior Survey. 80th American School Health Association Conference. St. Louis, MO\*
22. Zullig, K.J., **Ubbes, V.A.**, & Valois, R. (2006, April). Weight perceptions, dieting behavior, and breakfast eating behavior among adolescents. National Convention of the American Alliance for Health, Physical Education, Recreation, & Dance. Salt Lake City, UT.
21. **Ubbes, V.A.** (2006, April). READ: Research, education, access, and direction. National Convention of the American Alliance for Health, Physical Education, Recreation, & Dance. Salt Lake City, UT.
20. **Ubbes, V.A.** (2006, April). *Health education philosophies: What? So what? Now what? The role of cognition in educating for health*. National Convention of the American Alliance for Health, Physical Education, Recreation, & Dance. Salt Lake City, UT.
19. **Ubbes, V.A.** (2005, October). *Educating for health: Integrative patterns in curriculum & program deliberation*. Sixth Annual Conference on Curriculum & Pedagogy: Curriculum for a Progressive, Provocative, Poetic, and Public Pedagogy. 2005 Host Institution: Miami University, Oxford, OH.
18. Ausherman, J.A, & **Ubbes, V.A.** (2002, June). *Enhancing health literacy through service learning: University-community partnerships*. The 3rd Annual Reach Out & Read National Conference of Pediatrics & Early Literacy. Boston University School of Medicine, MA.
17. **Ubbes, V.A.** & Berkin, B. (2001, March). *Health in education network*. Annual Conference of the Association for Supervision and Curriculum Development. Boston, MA.

16. **Ubbes, V.A.** (2001, March). *Teaching health-related topics, concepts, and skills through the children's picture book database: An early childhood technological tool*. National Convention of the American Alliance for Health, Physical Education, Recreation & Dance (AAHPERD). Cincinnati, OH.
15. Ausherman, J.A, & **Ubbes, V.A.** (2001, March). *Enhancing health literacy through service learning: University-community partnerships*. National Convention of AAHPERD. Cincinnati, OH.
14. **Ubbes, V.A.**, & Moore, C. (2000, October). *Reach out and read: An early childhood literacy and health program*. American School Health Association Annual Conference. New Orleans, LA.
13. **Ubbes, V.A.** (2000, March). *Integrating health education curriculum*. Kentucky Association for School Health. Louisville.
12. **Ubbes, V.A.** (1998, November). *How technology bridges the gap between education and health for early childhood educators*. 49th Annual Meeting for the Society for Public Health Education, Washington, DC.
11. **Ubbes, V.A.** (1998, October). *The process and products of curriculum redesign: How to improve the health status of children and youth*. National 72nd Convention of the American School Health Association, Colorado Springs, CO.
10. **Ubbes, V.A.**, Black, J., Ausherman, J., Cottrell, R., Wilson, P., Gill, C., & Snider, J. (1997, October). *Status of how Ohio elementary pre-service teachers are prepared to teach health education*. National Convention of the American School Health Association, Daytona, FL.
9. **Ubbes, V.A.**, Bowyer, G.R., & Spillman, D.M. (1996, April). *Connecting health education, physical education, and nutrition education across the elementary school curriculum: A hands-on, skill-based approach*. National Convention of the American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD), Atlanta, GA.
8. **Ubbes, V.A.** (1996, March). *Concept mapping curriculum theory for health education*. National Convention of the American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD). St. Louis, MO.
7. **Ubbes, V.A.** & Pokupec, A.A.\* (1995, September). *The conceptualization and development of an eating behavior Inventory to measure attitudes, subjective norms, perceived behavioral control, and intentions among university athletes*. International Conference on Sport Nutrition, Minneapolis, MN.
6. **Ubbes, V.A.** (1995, April). *The art and science of manuscript and abstract review: General guidelines*. National Convention of American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD), Portland, OR.
5. **Ubbes, V.A.** & Rudge, S.J. (1995, March). *Eating behaviors of female collegiate gymnasts from big ten conference teams as reported on the eating awareness inventory*. 12th Annual Sports & Cardiovascular Nutritionists Practice Group of The American Dietetic Association, Baltimore, MD.
4. **Ubbes, V.A.** & Wholeben, B. (1994, April). *Perceived barriers to exercise participation among university students*. National Convention of the American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD), Denver, CO.
3. Maylath, N.S., Douglas, V.L., & **Ubbes, V.A.** (1994, April). *Women in health education: Sharing the way to vocational wellness*. National Convention of AAHPERD), Denver, CO.
2. **Ubbes, V.A.** (1993, October). *Family ties: A child advocacy program linking parents and health professionals*. National Convention of the American School Health Association, Pittsburg, PA.
1. **Ubbes, V.A.** (1993, September). *Can self concept and eating behavior predict the success of female collegiate gymnastics from big ten conference teams?* 30th Annual USA Gymnastics Congress, Sport Science Symposium, Atlanta, GA.

#### **Refereed State Presentations (\*with Students)**

16. **Ubbes, V.A.** (2015, November). *Labyrinth walking for emotional regulation and professional formation*. Ohio Summit for Adolescent & Young Adult Health. National Consortium for Building Healthy Academic Communities. Columbus, OH.



15. Chasteen, T.J.\*, Esau, T.\*, Fletcher, B.\*, & **Ubbes, V.A.** (2011, December). *Promotion of child-centered organizations in health and physical education*. 82nd Annual Conference for the Ohio Association for Health, Physical Education, Recreation, & Dance. Columbus, OH.
14. Chasteen, T.J.\* & **Ubbes, V.A.** (2010, December). *Perceptual motor skills to support reading success*. Annual Convention of the Ohio Association for Health, Physical Education, Recreation, & Dance. Columbus, OH.
13. **Ubbes, V.A.** (2009, December). *Electronic texts for early childhood health education*. Annual Convention of Ohio Association for Health, Physical Education, Recreation, & Dance (OAHPERD), Columbus, OH.
12. Schlake, A.\*, McGlothen, H.\*, & **Ubbes, V.A.** (2009, December). *From gross to great: Exploring body fluids in middle school health education*. Annual Convention of the OAHPERD, Columbus, OH.
11. **Ubbes, V.A.** & Matthews, D.R.\* (2008, December). The language and effects of music on health and learning. Annual Convention of the Ohio Association for Health, Physical Education, Recreation, & Dance, Columbus, OH.
10. **Ubbes, V.A.** (2004, November). Improving health literacy through picture books: A study of African American wellness patterns. Ohio Kentucky Indiana Children's Literature Annual Regional Conference. Miami University, Hamilton, OH.
9. **Ubbes, V.A.** & Fritzsche, E.\* (2003, December). Placement of a health education teacher candidate in an elementary school. Annual Convention of the Ohio Association for Health, Physical Education, Recreation, & Dance, Dayton, OH.
8. **Ubbes, V.A.** & Spillman, D.M. (1996, March). *Mega market for the mind: A nutrition & health education teaching manual for elementary school teachers*. Nutrition Education & Training Conference, Ohio Department of Education, Cincinnati, OH.
7. **Ubbes, V.A.** & Spillman, D.M. (1996, March). *Mega market for the mind: Nutrition and health education teaching strategies for elementary school teachers*. Ohio Nutrition Council 23rd Biennial Conference, Columbus, OH.
6. **Ubbes, V.A.**, Bowyer, G.R., & Spillman, D.M. (1995, November). *Connecting health education, physical education, and nutrition education across the elementary school curriculum: A hands-on, skill-based approach*. 66th Convention of Ohio Association for Health, Physical Education, Recreation, and Dance, Cincinnati, OH.
5. Costa, E.S.\*, Johnson, K.A.\*, Malagon, C.\*, & **Ubbes, V.A.** (1995, November). *Giant steps to a healthier me: Evaluation of A 3<sup>rd</sup> grade health fair project*. 66th Convention of Ohio AHPERD, Cincinnati, OH.
4. **Ubbes, V.A.** (1994, March). *Getting the coach on your team: Decreasing communication & educational barriers to sports nutrition*. Ohio Nutrition Council 22nd Conference, Columbus, OH.
3. **Ubbes, V.A.** & Salisbury, V.L. (1994, March). *Making sports nutrition work from parents, coaches, & athletes' perspectives*. Ohio Nutrition Council 22nd Conference, Columbus, OH.
2. **Ubbes, V.A.**, & Douglas, V.L. (1994, February). *Experiential learning activities in health education*. Midwest District Convention of AAHPERD, Morgantown, WV.
1. **Ubbes, V.A.** & Douglas, V.L. (1993, December). *An eclectic approach to behavior change projects*. 64th Annual Convention of Ohio Association for Health, Physical Education, Recreation, & Dance, Columbus, OH.

### **Invited Presentations (with Students\*)**

- Ubbes, V.A.**, & Sonderman, G.\* (2019, November). *Therapeutic horticulture*. The Ohio State University (Butler County) Master Gardener Training Workshop. Hamilton, OH.
- Ubbes, V.A.** (2016, October). *On the spot: A panel of faculty answers the questions you're too timid to typically ask*. 2016 Annual Conference of the Academic Library Association of Ohio, Wilmington, OH.
- Ubbes, V.A.** (2015, November). *Addressing fatalism with health messages*. Religion and Health Symposium. Comparative Religion Student Association. Miami University, Oxford, OH.

- Ubbes, V.A.** (2000, November). *Literature links for nutrition and health*. Terrific Science Programs, National Science Teachers Workshop, Miami University, Middletown, OH.
- Zacharias, D.\*, Thorsell, A.\*, & **Ubbes, V.A.** (2000, April). *Healthy heart lessons for grades K-3*. Wilson Elementary School, Middletown School District, Middletown, OH.
- Ubbes, V.A.** (1998, March). *How to design literature-based thematic units with a picture book database*. The Eileen Tway Children's Literature Conference, Miami University, Oxford, OH.
- Ubbes, V.A.** (1997, May). *Ohio intergenerational coalition: Right to read week literacy project for multigenerational and multicultural understanding*. The Ohio Department of Education, Columbus, OH.
- Ubbes, V.A.** & Millard, John D. (1997, March). *Use of the "children's picture book database at Miami University" to create literature-based thematic lessons with topics, concepts, and skills*. Institute for Educational Renewal Linking Conference, Mason, OH.
- Ubbes, V.A.** & Spillman, D.M. (1996, March). *Use of thematic units in nutrition and health education for prek-3 multidisciplinary instruction*. Institute for Educational Renewal Linking Conference: Forging Connections Across the Partnerships, Hamilton, OH.
- Ubbes, V.A.**, Boston, L.\*, Rhoades, K.\*, Newhouse, S.\*, Costa, E.S.\*, Johnson, K.A.\*, & Malagon, C.\* (1995, November). *Fluids for life: Giant steps to a healthier me*. 3<sup>rd</sup> grade health fair presented to 6 schools in the Princeton School District, Sharonville Convention Center, Sharonville, OH.
- Ubbes, V.A.** (2000, October). *Managing emergencies in childcare*, Early Childcare Health & Safety Conference in cooperation with the American School Health Association Annual Conference, New Orleans, LA.
- Ubbes, V.A.** (2000, October). *Literature links for nutrition and health*. Terrific Science Programs, National Science Teachers Workshop, Miami University, Middletown, OH.
- Ubbes, V.A.** (2000, October). *Models for health and learning: Understanding ourselves in the context of adolescents*, Talawanda Middle School, Oxford, OH.
- Ubbes, V.A.** (1999, March). Curriculum development for K-12 health education: Extending our understanding about models, frameworks, and structures. Curriculum In-service, Kings Local School District, Kings Mill, OH.
- Ubbes, V.A.** (1998, June). *The national standards and their use as a framework in curriculum design work*. Curriculum Inservice, Little Miami School District, Morrow, OH.
- Ubbes, V.A.** (1997, October). Integrating healthful heart concepts in your curriculum. American Heart Association Teacher In-service, Franklin City Schools, Franklin, OH.
- Ubbes, V.A.** (1997, October). *Heart health principles for teacher leaders*. American Heart Association Teacher In-service, Franklin City Schools, Franklin, OH.
- Ubbes, V.A.** (1994, November). *The present state of cardiovascular disease in society: Healthful heart challenges*. American Heart Association Teacher In-service, Warren County Schools, Lebanon, OH.
- Ubbes, V.A.** (1994, November). *Nutrition & the athlete: Considerations to what, when, and where of healthful eating*. American Heart Teacher In-service, Warren County Schools, Lebanon, OH.
- Ubbes, V.A.** (1993, October). *Heart health education programs for coaches, athletes, & physical education teachers*. American Heart Association Teacher In-service, Warren County Schools, Lebanon, OH.
- Ubbes, V.A.** (1993, October). *Nutrition and the athlete*. American Heart Association Teacher In-service, Warren County Schools, Lebanon, OH.

## Summary Statement about Student Research

Miami University is recognized as one of the top three universities in the country in undergraduate teaching with a noted focus on student research. I have mentored students in 74 undergraduate research projects and independent studies, 57 graduate-level independent studies, 11 Master's theses, 6 doctoral dissertations and exit exams, 3 Undergraduate Summer Scholars, and 2 Graduate Research Forums. These research projects were developed through semester-long investigations involving a great deal of time with mutually rewarding outcomes so students could develop their inquiry-based approaches to research.

### Graduate Research Forums

2. Santiago, V. & **Ubbes, V.A.** (2017). Mental emotional benefits of after-school gardening for high school youth. Graduate Research Forum. Miami University, Oxford, OH.

1. Dillhoff, R. & **Ubbes, V.A.** (2014). Reading attitudes and health literacy. Graduate Research Forum. Miami University, OH.

### Undergraduate Research Forums

21. Caudill, H., Cartheuser, C., Sonderman, C., & **Ubbes, V.A.** (2018). *Visual analysis of cultural inclusiveness in oral health literacy*. Undergraduate Research Forum, Miami University, Oxford, OH.

20. Cheney, P., He, Z., Marihugh, K., Scally, H., Whitaker, K., & **Ubbes, V.A.** (2018). *Perceived benefits of labyrinth types as advocated by public health professionals*. Undergraduate Research Forum, Miami University, Oxford, OH.

19. Agnew, A. & **Ubbes, V.A.** (2016). *The effects of maternal oral health on infant prenatal and postnatal care*. Undergraduate Research Forum, Miami University, Oxford, OH.

18. Bruder, M. & **Ubbes, V.A.** (2016). *Interventions for neonatal infant health*. Undergraduate Research Forum, Miami University, Oxford, OH.

17. Kelczewski, K. & **Ubbes, V.A.** (2016). *Depression in college students: Applying the four P's of social marketing to health communication message designs*. Undergraduate Research Forum, Miami University, Oxford, OH.

16. Ladipo, J. & **Ubbes, V.A.** (2016). *Morbidity and mortality concerns of pregnant women in the United States*. Undergraduate Research Forum, Miami University, Oxford, OH.

15. Lawrence, K. & **Ubbes, V.A.** (2016). *Active adults in the workplace: Policies and programming for health improvements*. Undergraduate Research Forum, Miami University, Oxford, OH.

14. Berk, S. & **Ubbes, V.A.** (2015). *International health literacy needs of adults in Canada and Germany*. Undergraduate Research Forum, Miami University, Oxford, OH.

13. Blodgett, K. & **Ubbes, V.A.** (2015). *Does school gardening increase the behavioral capacity to increase fruits and vegetables?* Undergraduate Research Forum, Miami University, Oxford, OH.

12. Dow, M. & **Ubbes, V.A.** (2015). *Comparison of health habits in Europe and the United States*. Undergraduate Research Forum, Miami University, Oxford, OH.

11. Linton, L. & **Ubbes, V.A.** (2015). *Cultivating fruit & vegetable gardening for public health: Service providers & distribution networks in the Oxford community*. Undergraduate Research Forum, Miami University, Oxford, OH.

10. Rigot, M. & **Ubbes, V.A.** (2015). *Parent mediation and interactions between oral health and nutrition choices for children*. Undergraduate Research Forum, Miami University, Oxford, OH.

9. Swift, H. & **Ubbes, V.A.** (2015). *School-university-community partnerships for gardening: Teaching the value of fresh foods for child health*. Undergraduate Research Forum, Miami University, Oxford, OH.

8. Ubbes, J.M. & **Ubbes, V.A.** (2015). *Pediatric oral health: A comparative study of the United States and the developing nation of Fiji*. Undergraduate Research Forum, Miami University, Oxford, OH.

7. Justus, Ellen E. & **Ubbes, V.A.** (2014). *Dentistry, health, & dexterity*. Undergraduate Research Forum, Miami University, Oxford, OH.
6. Mensah, G.A. & **Ubbes, V.A.** (2013). *Health literacy approaches in Ghana: Leading change*. Undergraduate Research Forum, Miami University, Oxford, OH.
5. Ross, K.M. & **Ubbes, V.A.** (2013). *Handwriting: Fine motor skill and brain development & its effects on education & health*. Undergraduate Research Forum, Miami University, Oxford, OH.
4. Fehrenbach, A.M. & **Ubbes, V.A.** (2013). *The evolution of bipedalism in humans*. Undergraduate Research Forum, Miami University, Oxford, OH.
3. Berg, J.E., Dennis, H.M., & **Ubbes, V.A.** (2013). *Visual analysis of child-centered photographs: A history of physical activity and movement*. Undergraduate Research Forum, Miami University, Oxford, OH.
2. Dennis, H.M., Berg, J.E., & **Ubbes, V.A.** (2013). *A social cognitive theoretical lens exploring photographs of children*. Undergraduate Research Forum, Miami University, Oxford, OH.
1. Vlasek, L.A. & **Ubbes, V.A.** (2007). *Multiple intelligence and health education*. Undergraduate Research Forum, Miami University, Oxford, OH.

#### **Undergraduate Summer Scholars**

3. Gannon, C. & **Ubbes, V.A.** (2018). *The effect of probiotics on heart rate and emotional regulation*. Miami University Undergraduate Summer Scholars, Oxford, OH.
2. McDonough, M. & **Ubbes, V.A.** (2015). *Functional use and perceived benefits of labyrinth walking*. Miami University Undergraduate Summer Scholars, Oxford, OH.
1. Maldonado, W. & **Ubbes, V. A.** (2013). *Strengthening learning abilities through perceptual motor activities*. Miami University Undergraduate Summer Scholars, Oxford, OH.

<b>Independent Research with Undergraduate Students</b>	<b>Number Completed through 2020</b>
Undergraduate Associates Program- Honors College	24
KNH 377 Undergraduate Research	3
KNH 402 Individual Capstone	7
KNH 477 Undergraduate Research	40
<b>Undergraduate Student TOTALS =</b>	<b>74</b>

<b>Graduate Student Dissertations and Theses</b>	<b>Number Completed through 2020</b>
Dissertation Committee Member (Department of EDL)	2
Doctoral Comprehensive Exam Committee Member (Department EDL)	4
Master's Thesis – Chair (Department of KNH)	5
Master's Thesis – Committee Member (Department of KNH)	6
<b>Graduate Student TOTALS =</b>	<b>17</b>

<b>Independent Research with Graduate Students</b>	<b>Number Completed through 2020</b>
KNH 600 Graduate Independent Readings	8
KNH 610 Graduate Independent Research	4
KNH 620 Graduate Practicum	11
KNH 700 Graduate Thesis Research	9
Master's Students Committee Member – Exit Oral Exam	14
Master's Students Committee Chair – Exit Oral Exam	9
Master's Students Committee Chair – Written Exit Exam	1
Master's Students Committee Member- Written Exit Exam	1
<b>Graduate Student TOTALS =</b>	<b>57</b>

## Grants

### Sponsored Research and Scholarly Activities

I have applied for \$1,656,733 in external funding resulting in \$140,920 awarded projects. The external grants have resulted in scholarly work to promote my health education and health literacy research agendas.

### External Grants

**Ubbes, V.A.** (2018). *Using labyrinths as an intervention for body-mind-spirit integration among health and medical professionals*. Online Funding Inquiry to the John Templeton Foundation. (Unsupported, \$234,800). \*not included above

**Ubbes, V.A.** (2016). *School gardening and health literacy*. Research grant from the Ohio Association for Health, Physical Education, Recreation, and Dance, Columbus, OH. (Unfunded, \$1500).

Hershberger, S., Yeziarski, E., Saine, P., & **Ubbes, V.A.** (2012). *Scaffolding physical science inquiry through reflective writing*. Columbus, OH: Ohio Board of Regents. (\$120,488). Funded.

**Ubbes, V.A.**, Bush, K.R., Ducher, J. & Naik, H.D. (2012). *Reading well with electronic texts for health literacy*. Washington, DC: U.S. Agency for International Development. (Unfunded, \$297,813).

**Ubbes, V.A.** & Schlake, A.\* (2011). *Writing health-related scripts for electronic texts: A school university partnership for health literacy*. Ohio Association for Health, Physical Education, Recreation, and Dance. (Unfunded, \$1,500).

Lee, J.D. & **Ubbes, V.A.** (2010). *Scale development for students' attitudes toward physical activity in accordance with standards-based physical education*. Ohio Association for Health, Physical Education, Recreation, and Dance. (\$1,500). Funded.

**Ubbes, V.A.** (2009, June). *FundaMENTAL steps to health literacy*. Bethesda, MD: National Institutes of Health. (Unfunded, \$150,000).

**Ubbes, V.A.** & Ward, R.M. (2006, October). Health Literacy Grant RO3: *Transdisciplinary patterns in health, communication, and education: A conceptual model for health literacy*. Bethesda, MD: National Institutes of Health. (Unfunded, \$142,000).

Potteiger, J.A., Claytor, R.P., Sibley, B., Thomasson, M., **Ubbes, V.A.**, Ward, R.M. & Zullig, K.J. (October, 2004). *Physical activity for school worksite obesity prevention*. National Institutes of Health. (Unfunded, \$923,000).

**Ubbes, V.A.** & Spillman, D.M. (1995). *Literature-based thematic units in nutrition & health for elementary teachers, food service professionals and parents*. Nutrition, Education, and Training, Ohio Department of Education, Columbus, OH. (\$18,932). Funded.

### Internal Grants

I applied for \$419,659 in internal funding resulting in \$54,799 awarded projects. These internal funds have promoted my work in curriculum development and health education pedagogy.

**Ubbes, V.A.** (2018). *Professional use of finger labyrinths for stress management and emotional regulation*. Center for Teaching Excellence. Miami University, Oxford, OH. (\$3000). Funded.

**Ubbes, V.A.** (2017). John E. and Winifred E. Dolibois Faculty Fund. (\$1,100.00). Funded.

**Ubbes, V.A.**, Coyle, J., & Tzoc, E. (2017). *Evaluation of the Digital Literacy Partnership (DLP) and eBook for Health*. EHS Inter-disciplinary Research Seed Grant, Committee for the Advancement of Faculty Research. Miami University. (\$4,494). Funded.

**Ubbes, V.A.** (2016). *Mentoring Grant*, Committee for the Advance of Teaching, College of Education, Health, & Society, Miami University, Oxford, OH. (\$500). Funded.

**Ubbes, V.A.** (2015). *Using narratives to promote habits of health*. EHS Committee for the Advancement of Faculty Research. Miami University, Oxford, OH. (\$4,050). Funded.

- Ubbes, V.A.**, Nave, J., Castaneda, M., Rojas-Miesse, N., Parkinson, N., Tzoc, E. (2014, December). *Functional health literacy: Across campus and abroad*. Innovation & Interdisciplinary Fund, Provost Office, Miami University, Oxford, OH. (Unfunded, \$43,430).
- Prytherch, D., Gorchov, D., Davis, A., Crist, T., & **Ubbes, V.A.** (2014, December). *Land development, ecosystems, and sustainability at the urban-rural fringe: Linked human and natural systems in the midwestern 'backyard'*. Innovation & Interdisciplinary Fund, Provost Office, Miami University, Oxford, OH. (Unfunded, \$250,000).
- Ubbes, V.A.** (2014, October). *Mentoring Grant*, Committee for the Advance of Teaching, College of Education, Health, & Society, Miami University, Oxford, OH. (\$500). Funded.
- Ubbes, V.A.** (2014, May). *A pilot study in child health: Dental environments for health literacy*. Center for Teaching, Learning, and Technology. Miami University, Oxford, OH. (\$500). Funded.
- Ubbes, V.A.**, Parkinson, N., & Tzoc, E. (2014, May). *Use of interactive technologies for "app"lication in nutrition and health literacy partnerships*. Student Technology Fee Competition. Miami University, Oxford, OH. (Unfunded, \$43,430).
- Boone, M., Blair, A.L, Cummings, H, Gorchov, D, Johnston, S., Moore, R., & **Ubbes, V.A.** (2013). *Communicating science to society in the anthropocene*. Office of Academic Research & Scholarship, Miami University, Oxford, OH. (\$25,000). Funded.
- Klatt, S., Egart, K., Wahlrab, E., Bausano, M., Mosley-Howard, S., Muschert, G., O'Neal, M., Schwartz, T., **Ubbes, V.A.**, & Wilson, C. (2013). *Mindfulness practices across campus*. Office of Academic Research, Miami University, Oxford, OH. (Unfunded, \$25,000).
- Ubbes, V.A.** (2011). *Health literacy in art and literature of 19<sup>th</sup>-20<sup>th</sup> century England & U.S.* EHS Small Research Grant, School of Education, Health and Society, Oxford, OH. (\$250). Funded.
- Ubbes, V.A.** (2011). *The conceptualization and historical significance of print and electronic materials for promoting health education health literacy*. Summer Research Award. School of Education, Health, & Society. Miami University, Oxford, OH. (\$5,000). Funded.
- Ubbes, V.A.** (2011). *The writing pragmatics of mixed methodologies: Primary tools for cognitive-motor development*. Committee for Faculty Research. Miami University, Oxford, OH. (Unfunded, \$3000).
- Ubbes, V.A.** (2010). *Environ-MENTAL supports surrounding literacy and health*. Summer Research Award. School of Education, Health, & Society. Miami University, Oxford, OH. (\$5,000). Funded.
- Ubbes, V.A.** (2015). *Labyrinth walking as a pedagogy for professional development*. Eloise Martin Instructional Enrichment Fund. Committee for the Advancement for Teaching, Miami University, Oxford, OH (Unfunded, \$1,500).
- Dennis, H.M.\*, Berg, J.E.\*, Pirzada, F.\*, & **Ubbes, V.A.** (2012). *Visual analysis of child-centered photographs: A history of body language*. Miami University Undergraduate Research Program Grant, Oxford, OH. (\$250). Funded.
- Ubbes, V.A.** (2011, February). *Health literacy materials for historical study and current applications*. Eloise Martin Instructional Enrichment Fund, School of Education and Allied Professions, Miami University, Oxford, OH (\$800). Funded.
- Ubbes, V.A.** (2009). *Bridging books and technology for cultural impact*. Dean's Technology Fee Allocation, School of Education, Health, & Society, Miami University, Oxford, OH. (\$1,200). Funded.
- Ubbes, V.A.** (2006, March). *Purchase of nutrition-related resources to improve student understanding of content knowledge in early childhood education*. Center for Learning and Teaching, Miami University, Oxford, OH. (\$275). Funded.
- Ubbes, V.A.** (2006, March). *Investigation of the learning process and neuroscience for effective health communications*. Eloise Martin Instructional Enrichment Fund, School of Education & Allied Professions, Miami University. (\$480). Funded.
- Ubbes, V.A.** (2004). *Evaluation of the children's picture book database at Miami University: The use of technology to effect changes in curriculum and literacy development*. EAP Small Research Grant, School of Education and Allied Professions, Oxford, OH. (\$885). Funded.

**Ubbes, V.A.,** Zullig, K.J. & Terry, A.\* (2004). *The effects of a comprehensive health education curriculum on student health outcomes and teacher self- efficacy: Year 2.* Talawanda-Miami Partnership, President's Academic Enrichment Award, Office of the Provost, Oxford, OH. (\$1,500). Funded.

**Ubbes, V.A.** & Yates, F. (2004). *Multicultural children's literature: Use of the children's picture book database at Miami University to extend awareness of a global community through text, images, and art.* Miami University, STRIVE 2009 Coordinating Council. (\$2,000). Funded.

**Ubbes, V.A.** (2003, January). *Initiation of a conceptual framework for curriculum deliberation: Diffusion of innovation theory and its application to the Talawanda School District.* EAP Small Research Grant, Miami University, Oxford, OH. (\$345). Funded.

**Ubbes, V.A.,** Zullig, K.J. & Craig, T.\* (2003, February). *The effects of a comprehensive health education curriculum on student health outcomes & teacher self-efficacy.* Talawanda-Miami University Partnership, Oxford, OH. (\$1,500). Funded.

Zullig, K.J. & **Ubbes, V.A.** (2003, November). *Assessing the reliability of the middle school youth risk behavior survey.* Grant to Promote Research, Office for the Advancement of Research & Scholarship, Miami University, (\$750). Funded.

**Ubbes, V.A.** (2002, December). *Innovation of a conceptual framework for curriculum deliberation: Diffusion of innovation theory and its application to the Talawanda School District.* EAP Small Research Grant, School of Education & Allied Professions, Miami University, Oxford, OH. (\$350). Funded.

**Ubbes, V.A.** (2001, May). *Critical inquiry of comprehensive health education curricula in elementary schools.* Eloise Martin Enrichment Award, School of Education & Allied Professions, Miami University, Oxford, OH. (\$400). Funded.

**Ubbes, V.A.** (2000, January). *Qualitative assessment of service learning.* National Service Learning in Teacher Education Partnership and Miami University, Oxford, OH. (\$550). Funded.

**Ubbes, V.A.** (2000, May). *Use of comprehensive school health curricula as a model for effective instructional design.* Small Grant to Improve Teaching. Office for the Advancement of Scholarship and Teaching, Miami University, Oxford, OH. (\$150).

Ausherman, J.A. & **Ubbes, V.A.** (2000). *Reach out and read: Service learning collaborative.* Fund for the Advancement of Service Learning, College of Education, Cleveland State University, Cleveland, OH. (\$5,000). Funded.

**Ubbes, V.A.** (1999, May). *Refining the personal meaning of teaching and learning through film.* Eloise Martin Instructional Enrichment Fund. School of Education and Allied Professions, Miami University, Oxford, OH. (\$200). Funded.

**Ubbes, V.A.** (1998, October). *Teaching, learning, and leading in the allied professions.* Summer Fellowship for the Improvement of Instruction. Office of Scholarship and Teaching, Miami University, Oxford, OH. (\$3,000). Funded.

Killian, D., Burke, B., **Ubbes, V.A.,** Dales, B. (1998, October). *Enhancing service-learning as a pedagogy in the teacher education at Miami University.* National Service Learning Grant with assistance from Alma College. (\$4,000). Funded.

**Ubbes, V.A.** (1998, September). *Linking health and literacy through academic service learning.* Kellogg Early Childhood Initiative. School of Education and Allied Professions, Miami University, Oxford, OH. (\$525). Funded.

**Ubbes, V.A.** (1998, May). *Expanding the use of the children's picture book database at Miami University for personal health development of pre-service elementary teachers.* Eloise Martin Instructional Enrichment Fund, School of Education and Allied Professions, Miami University, Oxford, OH. (\$180). Funded.

**Ubbes, V.A.** (1998, March). *Use of a curriculum model to teach topics, concepts, and skills to K-6 pre-service teachers.* Small Grant to Improve Teaching, Office of Scholarship and Teaching, Miami University, Oxford, OH. (\$300). Funded.

**Ubbes, V.A.,** Belka, D.E., Bowyer, G.R., & Conner, K., Rosenberg, L.K. (1997, January). *Professional development monies from the Ohio Department of Education and the Institute for Educational Renewal to fund the design of a new Health Education Teacher Licensure and a Physical Education Teacher Licensure.* Oxford, OH. (\$2,500). Funded.

**Ubbes, V.A.** (1996, February). *Mini grant to fund Institute for Educational Renewal Activities*. Seminar on Designing Integrated Curriculum that Promotes Higher-Level Thinking by Lynn Erickson, Association for Supervision and Curriculum Development, Boston, MA. (\$300). Funded.

**Ubbes, V.A.** (1996). *A pilot study to assess the type and extent of instructional themes in elementary schools throughout southwest Ohio (Butler, Hamilton, and Warren counties)*. Institute for Educational Renewal Funds for PHS Teacher Education, Miami University, Oxford, OH. (\$1,000). Funded.

**Ubbes, V.A.** (1995, December). *Building a library of the top 20 picture books with nutrition and exercise themes for a cooperative learning project with pre-service elementary school teachers*. Small Grant to Improve Teaching, Office of Scholarship & Teaching, Miami University. (\$300). Funded.

**Ubbes, V.A.** (1995, November). *Giant steps to a healthier me: A 3<sup>rd</sup> grade health fair*. Co-curricular Learning Grant, Office of Student Leadership & Service Learning, Miami University, Oxford, OH (\$35). Funded.

**Ubbes, V.A.** (1994, November). *The use of a database to integrate health-related themes across the elementary school curriculum*. Small Grant to Improve Teaching, Office of Scholarship & Teaching, Miami University, Oxford, OH. (\$300). Funded.

**Ubbes, V.A.** (1994, July). *The use of children's picture books to enhance instruction and integrate lessons in health education*. Eloise Martin Fund, School of Education and Allied Professions, Miami University, Oxford, OH. (\$300). Funded.

**Ubbes, V.A.** (1995, January). *Reliability and validity of the eating behavior inventory*. Small Research Grant, School of Education and Allied Professions, Miami University, Oxford, OH. (\$425). Funded.

## II. Teaching and Advising

Early in my career, I taught a 4-4 teaching load and supervised 102 student interns in the Health Education major with a minimum of 8 site visits per licensure student in their student teaching placements. Later in my career, I had a 3-2 teaching load which included graduate teaching in Health Promotion since 2013. I have developed 9 new courses at Miami University for the professional preparation of health educators and preK-12 classroom teachers and wrote numerous national and state-level NCATE accreditation reports for health education curriculum development and deliberation from 1999 to 2009. I also developed 5 public health courses for the new undergraduate major in Public Health in 2016.

### Courses Taught at Miami University (n = 22)

KNH 125	Introduction to Public Health ( <i>New prep in Fall 2016</i> )
KNH 221	Social Marketing in Public Health ( <i>New prep in Spring 2019</i> )
KNH 242	Personal Health ( <i>New prep in Spring 2014</i> )
PHS 242E	Personal Health for the Elementary School Teacher
KNH 245	Personal Health & Pedagogy for the Early Childhood Teacher
KNH 245	Health Issues for Children ( <i>New prep in Spring 2014</i> )
KNH 262	Public Health Education ( <i>New prep in Fall 2019</i> )
PHS 322	Observation and Participation
PHS 362	Health Education Pedagogy
KNH 362	Health Promotion Foundations ( <i>New prep in Fall 2013</i> )
KNH 362	Public Health Communication ( <i>New prep in Fall 2016</i> )
KNH 424	Health Disparities Past and Current ( <i>New prep in Spring 2020</i> )
KNH 462	Health Promotion Planning & Evaluation ( <i>New prep in Spring 2015</i> )
KNH 562	Health Promotion Planning & Evaluation
PHS 402	Critical Reflection on Practices in Health and Physical Culture
KNH 415	Health Education for Children and Youth
KNH 415	Wellness Perspectives for Adolescents
KNH 419	Intern Teaching in Health Education
PHS 450	Talawanda Miami Partnership for Health
PHS 550	Talawanda Miami Partnership for Health
KNH 611	Behavioral Approaches to Health Promotion and Education ( <i>New prep in Spring 2013</i> )
KNH 613	Health Communication and Education
PHS 618	Instructional Designs for the Allied Professions



### **Curriculum Development at Miami University (recent to past)**

KNH 221	Social Marketing in Public Health (3 hours) – 2016
KNH 262	Public Health Education (3 hours) – 2016
KNH 362	Public Health Communication (3 hours) – 2016
KNH 462	Public Health Planning & Evaluation (3 hours) – 2016
KNH 424	Public Health Disparities – Past and Future (3 hours) – 2016
KNH 415	Health Education for Children and Youth (3 hours) – 2010
KNH 362	Health Promotion Foundations (3 hours) – 2010
PHS 613	Health Communication and Education (3 hours) – 2003
PHS 450	Talawanda Miami Partnership for Health (3 hours) - 2000
PHS 550	Talawanda Miami Partnership for Health (3 hours) - 2000
PHS 415	Wellness Perspectives for Adolescents (3 hours) – 1998
PHS 362	Health Education Pedagogy (4 hours) -1998
PHS 245	Personal Health and Pedagogy for the Early Childhood Educator (3 hours) – 1998
PHS 232	Health Issues for Children and Youth (2 hours) – 1998

### **Awards and Recognition for Teaching**

**Ubbes, V.A.** (2014-2020). Recognized by the Center for Teaching Excellence as one of the top 100 faculty members who received the highest number of nominations by students “who made a positive impact on their learning and development while at Miami University”.

**Ubbes, V.A.** (2018). Obtained Master Advisor Recognition. Office of the Provost. Miami University, Oxford, OH.

**Ubbes, V.A.** (2013). Inducted into the 2013 Greater Pueblo Sports Association Hall of Fame (Colorado) for coaching my NAIA collegiate women’s gymnastics team to second place in the nation in 1981-82.

**Ubbes, V.A.** (2012). Finalist for a Fulbright Specialist Education Placement in Ireland 4937 – Not Appointed. Council for International Exchange of Scholars, Division of the Institute of International Education, Washington, DC.

**Ubbes, V.A.** (2010-2016). Inducted into the Colorado State University-Pueblo Athletic Hall of Fame for coaching my 1981-82 collegiate gymnastics team to a second-place finish in the NAIA National Gymnastics Championships – highest championship team finish in any sport for the university. My athletes were also inducted: 2 National Champion All American Gymnasts (2010 & 2015); Long Jump National Champion (2012); High Jump All American (2016).

**Ubbes, V.A.** (2003). Nominated for Women Breaking Barriers Award, Miami University, Oxford, OH.

**Ubbes, V.A.** (2001). Finalist for E. Phillips Knox Teaching Award, Center for the Advancement of Scholarship & Teaching.

**Ubbes, V.A.** (2000). Miami Service Learning Ambassador, Office of Student Learning & Civic Leadership, Student Affairs.

**Ubbes, V.A.** (1998). Recognized with a Certificate of Appreciation from Alpha Delta Pi and Alpha Xi Delta Chapters for dedication to academic excellence and student achievement.

## **III. PROFESSIONAL SERVICE**

### **I. Service to the Profession:**

#### **A. Contributing Member to National Curriculum Standards Development Boards**

National Board of Professional Teaching Standards – Early Childhood, 2007-2009

National Health Education Standards (preK-12), 2004-2006

#### **B. Editor and Reviewer of Professional Journals**

##### **Journal Editor**

*Journal of Health Education Teaching*, Managing Editor of School Health Education Sections, 2010-11

*Health in Education Curriculum Update* (ASCD), 1997-1999 – including Publisher

*The Health Educator: Journal of Eta Sigma Gamma*, Editorial Associate, 1995-1997

**Editorial Board Member**

*Journal of Health Education* – Board of Associate Editors, 1994-1997

*Journal of Health Education* – Technology Consultant for Abstracting and Indexing, 1997-1998

**Reviewer for Professional Journals**

*BioMed Central* (2015-2020)

*Journal of Health Behavior and Education* (2017-2020)

*Issues in Interdisciplinary Studies* (2014)

*Journal of Health Education Teaching* (2014-2020)

*American Journal of Health Education* (2003-2013)

*Journal of School Health* (2009-2020)

*Journal of Health Education* (1997-2000)

*Strategies Journal for Physical and Sport and Educators* (1995-1998)

*American Sport Effectiveness Program – Sport Nutrition Workbooks* (1991-2001)

*American Sport Effectiveness Program – Exercise Physiology Workbooks* (1991-2001)

**Reviewer for Professional Reports and Textbooks**

*Ohio Afterschool Network. (2012). Ohio kids on the move: Physical activity guidelines for afterschool programs.* Columbus, OH.

Sprenger, M. (2007). *Becoming a wiz at brain-based teaching: How to make every year your best year.* 2nd Edition. Thousand Oaks, CA: Corwin Press. [Note: I was listed in the acknowledgements as a major contributor to the book].

Corbin, B.D. (2007). *Unleashing the potential of the teenage brain: 10 powerful ideas.* Thousand Oaks, CA: Corwin Press.

**C. Service Involvement in Professional Associations**

American Association for Health Education (1997-2011)

Professional Technology Committee Chair, 2010-2011

Professional Development Committee, 2006-2010

Standards & Assessment Development Committee, 2002

Position Statement Committee, 2000-2001

School Health Education Advocate, 1997-2006

American School Health Association (1993-2005)

ASHA Legislative Network for Ohio, 2000-2005

Curriculum Reviewer and Writer on two national PreK-3 health education curricula, 2000

Teaching Techniques Reviewer for national conference, 2000

Midwest Alliance for Health, Physical Education, Recreation, and Dance (1990-1996)

Comprehensive School Health Education Task Force, 1993-1994

Chair, School Health Education, 1994-1995; 1991-1993

Chair Elect, School Health Education, 1993-1994; 1990-1991

MAHPERD Leadership Conference, 1991; 1993; 1994

Association for Supervision and Curriculum Development (1991-2001)

National Network Facilitator, Health in Education, 1998-2000

Ohio Association of University Health Educators (1992-2000)

Convener and Facilitator, 1993-1995

American Academy of Pediatrics (1999-2000)

Family & Community Involvement Expert Panel Member, 2000

State Planning Committee for Health Education in Ohio (1996-2001)

Miami University's Representative, 1996-2001

**D. Memberships in Professional Organizations**

American Public Health Association (APHA), 2015-present

American School Health Association (ASHA), 1985-2013

American Alliance for Health, Physical Education, Recreation, & Dance, 1975-2013

Association for Integrative Studies, 1997-2008; 2013-2014

Association for Supervision and Curriculum Development (ASCD), 1991-2012

Eta Sigma Gamma (Health Science Honorary for Teaching, Research, & Service), 1985-2012

Illinois Association for Health, Physical Education, Recreation, & Dance, 1990-1993

International Reading Association, 2002-2014  
 International Literacy Association, 2015-present  
 Midwest Alliance for Health, Physical Education, Recreation, & Dance, 1990-1996  
 National Association for Physical Education in Higher Education, 1997-2000  
 National Association of School Health Education Coalitions, 1996-1997  
 National Middle School Association, 1997-2010  
 Ohio Association of Health, Physical Education, Recreation, & Dance (OAPHERD), 1993-2019  
 Ohio Association of University Health Educators (OAUHE), 1992-2000  
 Ohio Society for Public Health Education, 2002-2005  
 Society of State Directors of Health, Physical Education, and Recreation, 1997-2000  
 Society for Public Health Education, 1997-2020  
 Society for Nutrition Education, 1996-2000  
 State Planning Committee for Health Education in Ohio (SPCHEO), 1996-2001  
 USA Gymnastics, Member, 1975-2005

### **E. Awards and Recognition for Professional Service**

7. **Ubbes, V.A.** (2010). National Board of Professional Teaching Standards (NBPTS). National Committee member selected from 500 applicants to develop teaching standards for accomplished teachers in Early Childhood. Represented both health education & physical education disciplines while advocating for teachers to offer a whole curriculum for the whole child.
6. **Ubbes, V.A.** (2008, October). HEDIR Technology Award in recognition of a health educator who made outstanding contributions and transformed the profession of health education through technology. San Diego, CA: American Public Health Conference.
5. **Ubbes, V.A.** (2007, March). Presidential Citation from the American Association for Health Education. In recognition of distinguished contributions to the advancement of health through education during the National Health Education Standards Revision (2004-2006). Baltimore, MD: AAHPERD National Convention.
4. **Ubbes, V.A.** (2005). The Children's Picture Book Database at Miami University. Recognized as one of the 101 Best Web Sites for Elementary Teachers by the International Society for Technology in Education. In Lerman, J. (2005). 101 Best Web Sites for Elementary Teachers. Washington, DC: International Society for Technology in Education.
3. **Ubbes, V.A.** (2004-2006). National preK-12 Health Education Standards Review & Revision Panel. American Association for Health Education & the American Cancer Society, Atlanta, GA. Documents Review Subcommittee, Chair, and Opportunity to Learn Standards Subcommittee.
2. **Ubbes, V.A.** (2001 & 2002). Co-trainer for the Conflict Resolution Institute for College of Education Faculty in Ohio. Ohio Commission on Dispute Resolution and Conflict Management & the Ohio Department of Education, Columbus, OH.
1. **Ubbes, V.A.** (2000). Project Director for the Conflict Resolution Institute I & II for Teacher Education. Ohio Commission on Dispute Resolution and Conflict Management, Conflict Resolution Network and American Association for Health Education, Reston, VA.

## **II. Service to Miami University**

### **A. University Service**

Public Health Steering Committee, 2016 – 2020 (appointed by Dean)  
 University Senate, 2015-2018 (elected)  
 Graduate Council, 2015-2018 (elected)  
 Top 25 Liberal Education Committee, 2008-2010 (appointed by Dean)  
 Liberal Education Council, 2007-2008 (appointed by Dean)  
 Computer Policy and Information Services Committee, 2000-2002 (confirmed by Senate)  
 University Council on Candidate Preparation for School Licensure, 2002-04 (appointed by Dean)

### **B. Divisional Service**

Center for Mindfulness and Contemplative Inquiry, Advisory Board, 2015-2018  
 Committee for the Advancement of Teaching, 2013-2016 (elected)  
 Miami University Educational Services Clinic - Faculty Advisory Committee, 2014

Miami University Local Professional Development Committee, 2008 (appointed by Dean)  
 EHS Promotion and Tenure Advisory Committee, 2010-2012 (elected)  
 Project Mentor Technology Implementation Team, 2000-2001 (appointed by Dean)  
 Committee for the Advancement of Teaching and Scholarship, 2000-01 (elected)  
 School Mental Health Committee & Conference Advisory Committee, 1999-2002  
 School Mental Health Committee Action Projects: Marshall Elementary School (Talawanda School District), Lakota East High School (West Chester, OH), and New Miami School District, Miami University Institute for Educational Renewal, Oxford, OH, 2000-2002  
 Search Committee for Institute for Educational Renewal (appointed by the Director)  
 Early Childhood Advisory Committee, 1998-99 (appointed by Dean)  
 Health & Physical Education Licensure Chair, 1997-98 (appointed by Dean)  
 Early Childhood Search Committee, 1998 (appointed by Dean)  
 Curriculum Coordinating Council, 1994-98 (elected)  
 Field Experience Subcommittee of Curriculum Council, 1998 (appointed by Dean)  
 Curriculum Core Committee, 1997-98 (appointed by EAP NCATE Curriculum Coordinator)  
 Early Childhood Licensure Committee, 1996-98  
 Middle Childhood Licensure Committee, 1997-98  
 School Nurse Licensure Committee, 1997  
 Early Childhood Education Committee, 1994-96  
 Partner School Selection Team, 1994-95

### C. Departmental Service

Public Health Search Committee, Department of Kinesiology & Health, 2017 (appointed, chair)  
 Public Health Search Committee, Department of Kinesiology & Health, 2016 (appointed, chair)  
 Graduate Committee, 2014-2016 (elected)  
 Assigned Colleague Mentor to Visiting Assistant Professor, Dr. Lauren Bartsch, 2016-2018  
 Health Promotion Search Committee, Department of Kinesiology & Health, 2014 (appointed, chair)  
 Literacy & Reading Pedagogy Search Committee, Department of Teacher Education, 2013 (appointed)  
 Program Leader in Health Promotion, Department of Kinesiology and Health, 2013 (selected)  
 Ad Hoc Retreat Committee, Department of Kinesiology & Health, 2012 (appointed by chair)  
 Literacy & Language Arts Search Committee, Department of Teacher Education, 2011-2012  
 ESL & ELL Search Committee, Department of Teacher Education, 2011 (appointed by chair)  
 Undergraduate Committee, 2009-2011 (elected)  
 Program Leader in Health Education, 1999-2013 (appointed by Chair)  
 Graduate Faculty Committee, 2006-2008 (elected)  
 Program Review Sub-Committees: 1) Teaching and Advising, 2) Member and Facilities, and 3) Equipment, & Technology, Committee Chair, 2006 (appointed by Chair)  
 Ad Hoc Committee for Revision of Student Course & Instructor Evaluation Form, 2004 (appointed)  
 Search Committee for Health Studies & Healthy Weight Management, 2004 (appointed by chair)  
 Search Committee & Chair for Physical Education, 2003 (appointed by Chair)  
 Search Committee for Health Studies (n = 2), 2002 (appointed by Chair)  
 Graduate Committee, 2002 (elected)  
 Search Committee for Teacher Education, 2001 (appointed by Chair)  
 Search Committee for Health Studies, 2001 (appointed by Chair)  
 Technology Committee, 2001 (elected)  
 Undergraduate Committee, Representative for Health Studies (for R. Fennell on leave), 2001  
 Undergraduate Committee, 2001-04 (elected)  
 Graduate Studies Committee, 2000-01 (elected)  
 Early Childhood Education Committee, Department of Teacher Education, 2000-2003 (assigned)  
 Graduate Studies Committee, 1997 (replacement for V. Freysinger)  
 Health Studies Committee, 1993-2003  
 Elementary Education Committee, Department of Teacher Education, 1993-2000 (assigned)  
 Search Committee for Teacher Education, 1994 (appointed by PHS Chair)

### III. Service to the Community

College Club of Cincinnati, Board Member, Historian, Program Planning Committee, Cincinnati, OH, 2016-2020  
 Oxford Community Band, Member, Oxford, OH, 2012-2020  
 College Club of Cincinnati, Member, Program Planning Committee, Cincinnati, OH, 2015

High Schools That Work, Site Review Team for Talawanda Schools, Oxford, OH, 2012  
 Safe Walking Communities Committee, Butler County Healthy Living Coalition, Hamilton, 2004  
 Oxford Reach Out and Read, Oxford, OH -- Board Member, 2004-2006  
 Clean Indoor Air for Oxford Committee, Oxford, OH, 2002-2003  
 American Heart Association, School Site Committee (Hamilton and Fairfield), 1995-1998  
 Southwest Ohio District Science Day, Health & Science Judge, Oxford, OH, 1994

#### **Service and Technical Support to Ohio Schools**

Oakwood School District, Oakwood, OH (2018)  
 Hamilton School District, Hamilton, OH (2004)  
 Lakota Public Schools, West Chester, OH (2003)  
 Talawanda School District, Oxford, OH (2000-2010)  
 Madeira High School, Madeira, OH (2001-2002)  
 Bay Village City School District, Bay Village, OH (2000)  
 Kings Local School District, Kings Mills, OH (1999)  
 Little Miami School District, Morrow, OH (1998)  
 Franklin City Schools, Franklin, OH (1997)  
 Camden Elementary School, Camden, OH (1997)  
 Warren County Professional Service Center, Lebanon, OH (1993-1994)

#### **Service and Coaching in the Region and Nation**

Cincinnati Gymnastics Academy, Fairfield, OH (2003-2006)

- USA Gymnastics Head Coach- Level 7 (5 hours per week). Fall 2005 – Spring 2006
- USA Gymnastics Coach - Level 6 & 7 (5 hours per week). Spring 2003, Fall 2003, Spring 2004
- USA Gymnastics Coach - Level 5 (5 hours per week). Fall 2003

International Gymnastics Camp, Master Coaching Staff, Stroudsburg, PA, June 2006; June 2005; June 2004; June 2003

#### **Certifications Requiring Annual Continuing Education**

Master Certified Health Education Specialist (MCHES), National Commission for Health Education Credentialing, 2015-2020  
 Certified Health Education Specialist (CHES), National Commission for Health Education Credentialing, Inc., 1988-2015  
 Certified Master Gardener, The Ohio State University Cooperative Extension, Butler County, 2009-2020  
 USA Gymnastics Safety Certification, Indianapolis, IN, 2003-2008  
 Health Education & Physical Education K-12 Certification, Ohio Department of Education: Provisional Licensure, 1989-2008