

## CURRICULUM VITAE

**Name:** Ludmila Zaytsev, Ph.D.  
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### Higher Education:

B.A. (Summa Cum Laude): Psychology, State University of New York, Albany, NY,  
05/1997  
M.A.: Experimental Psychology, Loma Linda University, Loma Linda, CA, 09/2003  
*Thesis:* Intensive Care Medical Procedures: Post-Traumatic Stress Disorder-Like  
Symptoms in Children  
Major Professors: Mary-Catherine Freier, Ph.D.  
Ph.D.: Clinical Psychology; Minor Concentration: Woman and Child Health,  
Loma Linda University, Loma Linda, CA, 09/2006  
*Dissertation:* Long-Term Neuropsychological Sequelae of Neonatal Seizures: Utility of  
Proton Magnetic Resonance Spectroscopy as Predictor  
Major Professor: Mary-Catherine Freier, Ph.D.

### Internship:

Kaiser Permanente Medical Center, Los Angeles, CA (APA approved), 08/2006  
Major: Clinical psychology across the life span  
Electives: Neuropsychology; Behavioral medicine

### Post-Doctoral Training Fellowship:

Loma Linda University and Children's Hospital, Loma Linda, CA, 10/2006-09/2008  
Specializations: Pediatric Neurodevelopmental Psychology

### Board Certifications and Licensures:

California Board of Psychology Status: Current  
Department of Consumer Affairs, #PSY 23050

### Clinical Experience:

*Clinical Neuropsychologist*, Department of Rehabilitation, Cedars-Sinai Health System,  
Los Angeles, CA. Full-time position.  
December 2010 – present. Duties: perform inpatient and outpatient pediatric and adult  
neuropsychological evaluations; provide inpatient cognitive rehabilitation and brief  
psychotherapy within health psychology treatment model. Certified Russian language  
medical interpreter. Supervisor: Pamela Roberts, Ph.D., OTR/L

*Clinical Neuropsychologist/Founder, Aspiring Minds Clinic, Tarzana, CA. Part-time position.*

May 2010 – present. Duties: perform clinical intakes, formulate treatment plans, case management, crisis intervention, brief and long-term therapy for children and adults; conduct psychodiagnostic and neuropsychological assessment batteries; manage billing and administrative aspects of private practice. All of the services are provided in English and Russian.

*Assistant Professor of Pediatrics/Supervising Pediatric Neuropsychologist, Pediatric Neuroassessment Program, Department of Pediatrics, Division of Neurology, Loma Linda University School of Medicine, Loma Linda, CA. Full-time position.*

January 2010 – October 2012. Duties: perform neuropsychological, cognitive, educational, psychological, and developmental evaluations of infants, children, adolescents, and young adults; serve as a member of a multidisciplinary team; resolve billing and insurance questions; provide individual and group supervision to graduate-level psychology trainees during their neuropsychological assessment rotation; manage new trainees recruitment process; oversee administrative and clinical work of the clinic staff; coordinate the weekly multidisciplinary team meetings; organize weekly didactic seminars; develop research studies and direct group projects, presentations, and manuscripts in the areas of pediatric neuropathology and mental health. Medical Director: Sarah Roddy, M.D. Psychological Services Director: Mary-Catherine Freier-Randall, Ph.D.

*Clinical Coordinator, Pediatric Neuroassessment Program, Loma Linda University, Loma Linda CA. Part-time position.*

October 2008 – December 2009. Duties: perform developmental and neuropsychological assessment to infants, children, and adolescents; serve as a direct supervisor to graduate students during their neuropsychological assessment rotation; manage administrative and clinical work of the clinic staff; coordinate the weekly multidisciplinary team meetings; develop research studies and direct group projects, presentations, and manuscripts in the area of Pediatric Brain Trauma. Supervisors: Mary-Catherine Freier-Randall, Ph.D., Liyona Khouri, Ph.D.

*Post-doctoral Fellow in Pediatric Neurodevelopmental Psychology, Kids FARE, Loma Linda University, CA. Full-time position.*

October 2006 – September 2008. Duties: perform developmental and neuropsychological assessment to infants, children, and adolescents; provide individual and group psychotherapy in the inpatient rehabilitation unit and outpatient childhood obesity clinic; oversee work of graduate students in Cranial-Facial Team, Pediatric Obesity, Pediatric Rehabilitation, and Pediatric Neuro-Assessment clinics; serve as a delegated supervisor of graduate students during their neuropsychological assessment rotation; develop research studies and coordinate group projects, presentations, and manuscripts in the areas of Pediatric Brain Trauma, Childhood Obesity, and HIV prevention. Supervisors: Mary-Catherine Freier-Randall, Ph.D., Liyona Khouri, Ph.D.

*Predoctoral Intern*, Department of Psychiatry, Kaiser Permanente Medical Center, Los Angeles, California. Full-time position.

August 2005 – August 2006. Duties: perform clinical intakes, form treatment plans, case management, crisis intervention, conduct psychodiagnostic and neuropsychological assessment batteries, and provide brief and long-term therapy for children and adults in an outpatient setting presenting with a wide range of psychiatric diagnoses; co-lead structured psychoeducational and process oriented groups with children and adults; partake in didactic training and presentations; participate in the weekly multidisciplinary meetings; complete electives in neuropsychological assessment and behavioral medicine. Supervisors: Carolyn Gurman, Ph.D. (primary), Ginger Arnold, Ph.D. (neuropsychology), and Robert Levor, Ph.D. (behavioral medicine).

*Field Examiner*, Pearson Assessment, San Antonio, TX. Per diem position.

January 2004 – present. Duties: evaluate cognitive and neuropsychological functioning of children and adults for the purposes of standardization of new assessment instruments.

*Pediatric Neuropsychology Consultant /Liaison*, Pediatric Rehabilitation Program, Loma Linda University Children's Hospital, Loma Linda, CA. Part-time position.

September 2004 – July 2005. Duties: assess patients 0 to 20 years of age for cognitive and neuropsychological functioning during their hospitalization on rehabilitation, oncology, and intensive care units; provide brief therapy with a focus on behavioral, adjustment, and coping issues surrounding hospitalization and health problems; present cases at the weekly multidisciplinary meetings. Supervisor: Mary-Catherine Freier, Ph.D.

*Neuropsychology Assessment Assistant*, Loma Linda University Pediatric NeuroAssessment Program, Department of Pediatrics/Division of Neurology, San Bernardino, CA. Part-time position.

June 2003 – June 2005. Duties: perform initial intake, review historical records, and evaluate clients 3 to 16 years of age for comprehensive neuropsychological, cognitive, and psychosocial functioning and developmental delays as part of the multidisciplinary team of professionals. Supervisor: Kim Freeman, Ph.D.

*Pre-Internship Trainee*, SAC Norton Community Mental Health Services, San Bernardino, CA. Part-time position.

September 2003 – July 2004. Duties: perform initial intakes, create treatment plans, coordination with community services and transitional planning, case management, assessment of cognitive/personality/adaptive skills, and long-term therapy. Supervisor: Todd Burley, Ph.D.

*Pediatric Psychology Assessment Assistant*, Loma Linda University Growing Fit Program, Department of Pediatrics, Loma Linda, CA. Part-time position.

September 2002 – September 2003. Duties: perform initial and exit interviews and assessments, co-lead a support group for overweight children and adolescents, and conduct parent guidance meetings. Supervisor: Astrid Patton, Ph.D.

*Pediatric Psychology Assessment Assistant*, Loma Linda University Early Steps Program, San Bernardino, CA. Part-time position.

September 2002 – July 2003. Duties: Proposition 10 grant-supported promotion and readiness program assessing high-risk, prenatally drug exposed clients 0 to 5 years of age for developmental delays using BSID-II and WPPSI-III. Supervisor: Kim Freeman, Ph.D.

*Practicum Intern*, Catholic Charities Psychological Services Clinic, Catholic Charities, Pico Rivera, CA. Part-time position.

June 2002 – July 2003. Duties: perform initial intakes, create treatment plans, coordination with community services and transitional planning, consult with school personnel and school visits, case management, crisis intervention, assessment of cognitive/personality/adaptive skills, and brief and long-term therapy with clients presenting with a wide range of psychological diagnoses; 26-hour certified training on issues of domestic violence. Supervisor: Beverly Frank, Psy.D.

*Pediatric Psychology Assessment Assistant*, Cranial-Facial Team, Loma Linda University Children's Hospital, Loma Linda, CA. Part-time position.

January 2002 – June 2002. Duties: screen patients 0 to 2 years of age presenting with cleft lip/palate abnormalities and other craniofacial diagnoses for neurodevelopmental delays using Bayley Infant Neurodevelopmental Screener and Neonatal Behavioral Assessment Scale. Supervisor: Mary-Catherine Freier, Ph.D.

*Senior Research Assistant*, Kids FARE, Loma Linda University, CA. Part-time position.

September 1999 – July 2005. Duties: leader of Trauma research cluster (develop studies, determine and implement group goals, organize meetings, coordinate group projects, presentations, and manuscripts, manage database); member of HIV/AIDS Prevention, Heart Transplantation, Craniofacial, and Pediatric Obesity research clusters; standardization of BSID-III; assessment of children using a variety of developmental, cognitive, achievement, and adaptive skills instruments. Supervisor: Mary-Catherine Freier, Ph.D.

*Special Education Computer Instructor*, United Cerebral Palsy, Los Angeles, CA. Full-time position.

September 1998 – January 2001. Duties: development of an individualized curriculum to meet the needs and activities of clients; organization and provision of instruction of communication, advocacy, money management, physical self-awareness, social skills, adaptive social behaviors, and functional academics; assessment of program effectiveness; maintenance of client records. Supervisor: Terrie Lantz, M.A.

*Lead Teacher*, Living Resources, Inc., Schenectady, NY. Part-time position.

September 1997 – September 1998. Duties: recreational counseling and supervision of behaviorally and emotionally disturbed children in the after school setting. Supervisor: Susan Cavallaro, M.S.Ed.

*Recreational Therapist Assistant*, Child's Nursing Home, Albany, NY. Part-time position.

September 1996 – January 1997. Duties: recreational therapy and one-on-one interactions with residents affected by various forms of dementia and developmental disabilities. Supervisor: Lynn Gross, M.A.

### **Teaching Experience:**

*Assistant Professor of Pediatrics*, Loma Linda University School of Medicine,

January 2010 – October 2012. Duties: Prepare and present weekly lectures on topics of pediatric development, ethics, relationship between neurological impairments and psychopathology and their behavioral manifestation, and pediatric neuropsychological assessment techniques.

*Adjunct Professor*, Loma Linda University, Department of Social Work,

June 2007 – September 2007. Duties: teach a graduate level Human Behavior in a Cross-Cultural Environment course, exploring the dynamics of human behavior from young adulthood through later adulthood as affected by and expressed in a cross-cultural environment.

*Guest Lecturer*, Loma Linda University, Department of Public Health,

April 2007. Duties: discuss neurodevelopmental and psychosocial risks associated with neonatal brain injury. Graduate level High Risk Infancy and Childhood: Policy and Procedure course.

*Guest Lecturer*, Azusa Pacific University, Department of Psychology,

April 2007. Duties: discuss neuro-anatomical structures as they relate to normal/abnormal language and communication functions. Graduate level Brain and Behavior course.

*Guest Lecturer*, Azusa Pacific University, Department of Psychology,

April 2007. Duties: discuss biochemical, neuro-anatomical, and pharmacological factors in development and treatment of schizophrenia. Graduate level Brain and Behavior course.

*Adjunct Professor*, Loma Linda University, Department of Psychology,

March 2007 – June 2007. Duties: teach a graduate doctoral level Child Psychopathology course, covering etiology and diagnostic considerations, assessment, and treatment options for a variety of psychiatric disorders prevalent in children.

*Guest Lecturer*, Loma Linda University, School of Dentistry,  
March 2007. Duties: discuss theories of child development and their cognitive, developmental, and behavioral considerations in practice of pediatric dentistry. Seminar in Psychology Issues in Pediatric Dentistry.

*Teaching Assistant*, Loma Linda University, Department of Psychology,  
March 2002 – June 2002; March 2003 – June 2003; March 2004 – June 2004; March 2005 – June 2005. Duties: teach laboratory section of graduate level Assessment I: Cognitive and Achievement Testing and grade class assignments (e.g., administration, scoring, and report writing).

*Guest Lecturer*, Loma Linda University, Department of Psychology,  
May 2002; May 2003; May 2004; May 2005. Duties: discuss history, development, validity, and uses as well as en-vivo administration of Bayley Scales of Infant Development – Second Edition (BSID-II). Lecture on Infant Assessment using BSID-II as part of the graduate level Assessment I: Cognitive and Achievement Testing course.

### **Thesis & Dissertation Advising:**

#### *Dissertations*

Babakhanyan, Ida. Development and Validation of Process Focused Measure of Pediatric Depression. (12/2012)

Beck, Amy. The Relationships of Breastfeeding and Self-Regulation in Pediatric Obesity. (9/2009)

Cuervo, Dina. Development of Posttraumatic Stress Disorder and Personality Structure. (9/2010)

Mieras Perugini, Sharon. Neuropsychological Outcome and MR Spectroscopy of Regulated Hypothermia after Pediatric Near Drowning. (6/2009)

#### *Doctoral Projects*

Gunaratna, Imanie. Neuropsychological Profiles of Drug Endangered Children: Investigation in a Clinical Sample. (9/2009)

#### *Theses*

Babakhanyan, Ida. Childhood Depressive Symptoms: Comparison of Diverse Medical Diagnoses in a Hospital Setting. (10/2010)

### **Research Experience:**

*Senior Research Associate*, Loma Linda University, Department of Psychology, September 2003 – July 2005. Duties: literature review of risk behaviors among adolescents and HIV prevalence rates in different countries; oversee IRB procedures; liaison for international investigators; supervised by Mary-Catherine Freier, Ph.D.

*Principal Research Associate*, Andrews University Center for Prevention Research, Institute for Prevention of Addictions,

September 1999 – January 2006. Duties: literature review of risk behaviors among adolescents and HIV prevalence rates in Ukraine and traveled to Kiev, Ukraine to make contacts and ensure support of local Health organizations for the study, translation of instruments, and data analysis; supervised by Mary-Catherine Freier, Ph.D.

*Senior Research Associate*, University at Albany, Department of Psychology,

September 1996 – May 1997. Duties: design and implement a study on the functionality of human vomeronasal organ, prepare stimuli, perform psychophysical testing, data input and analysis using SPSS, write up and a presentation; supervised by Bruce McCutcheon, Ph.D.

*Research Assistant*, University at Albany, Department of Psychology,

September 1996 – December 1996. Duties: conduct experiments on interpersonal attraction and attachment patterns, video transcription, and data entry and analyses; supervised by Donn Byrne, Ph.D.

### **Publications:**

Krishnamurthy, V., **Zaytsev, L.**, Freier Randall, K., & Chinnock, R. (2012). Infant heart transplant: 10 years and beyond. Manuscript in review.

**Zaytsev, L.**, Krishnamurthy, V., Roddy, S., & Freier Randall, K. (February, 2010). Neuropsychological Profile of a Child with Kabuki Syndrome: Case Study. Applied Neuropsychology, 17, 210-222.

**Zaytsev, L.**, Krishnamurthy, V., & Freier Randall, K. (2010). Long-Term Sequelae of Neonatal, Early Childhood, and Late Childhood Onset Seizures. Journal of the International Neuropsychological Society, 16/1 (SUPPL), 104-105S.

Krishnamurthy, V., Babakhanyan, I., **Zaytsev, L.**, Pivonka-Jones, J., Roddy, S., & Freier-Randall, K. (2010). Neuropsychological Outcomes in Children with Head Injury vs. Traumatic Brain Injury. Journal of the International Neuropsychological Society, 16/1 (SUPPL), 180-181S.

**Zaytsev, L.**, Freier, M.C., Van Stralen, D. & Riggs, M. (2003). Posttraumatic Symptoms in children admitted to the PICU. CHEST: The Cardiopulmonary and Critical Care Journal, 124/4 (SUPPL), 215S.

### **Presentations and Invited Speaking Engagements:**

**Zaytsev, L.** (October, 2013). Fifty shades of foster children. Community presentation at the Kidsave Weekend Miracles Program for Kidsave International, West Hollywood, California.

Johnson, V. M., **Zaytsev, L.**, & Freier Randall, K. (November, 2012). Neurocognitive profile of a child with schizencephaly: A case report. Poster presentation at the 32nd National Academy of Neuropsychology Annual Conference, Nashville, Tennessee.

Cuervo, D., Freeman, K., Freier Randall, K., Abd-Allah, S., Burley, T., & **Zaytsev, L.** (August, 2012). Post-Traumatic Stress Disorder-like symptomatology in pediatric intensivists. Panel presentation at the American Psychological Association 120th Annual Convention, Orlando, Florida.

Krishnamurthy, V., **Zaytsev, L.**, Freier Randall, K., & Chinnock, R. (April, 2012). Infant heart transplant: 10 years and beyond. Panel presentation at the 32nd International Society of Heart and Lung Transplant 2012 Conference, Prague, Czech Republic.

**Zaytsev, L.** & Jo, M-Y. (June, 2011). Pediatric neuropsychological evaluations in a medical setting. Oral presentation at the Cedars-Sinai Medical Center Pediatrics Grand Rounds, Los Angeles, California.

Freier Randall, K., Roddy, S., & **Zaytsev, L.** (November, 2010). Interdisciplinary collaboration in care of a neurologically impaired child: Case review. Oral presentation at the Loma Linda University Children's Hospital Neurology Grand Rounds, Loma Linda, California.

**Zaytsev, L.**, Krishnamurthy, V., Roddy, S., & Freier-Randall, K. (February, 2010). Neuropsychological profile of a child with Kabuki Syndrome: Case study. Poster presentation at the American College of Professional Neuropsychology 2nd Annual Meeting, Las Vegas, Nevada.

**Zaytsev, L.**, Krishnamurthy, V., Freier-Randall, K. (February, 2010). Long-term sequelae of neonatal, early childhood, and late childhood onset seizures. Poster presentation at the International Neuropsychological Society 38th Annual Meeting, Acapulco, Mexico.

Krishnamurthy, V., Babakhanyan, I., **Zaytsev, L.**, Pivonka-Jones, J., Roddy, S., & Freier-Randall, K. (February, 2010). Neuropsychological outcomes in children with head injury vs. traumatic brain injury. Poster presentation at the International Neuropsychological Society 38th Annual Meeting, Acapulco, Mexico.

Perugini, S., Beck, A., Alberty, J., Myers, K., **Zaytsev, L.**, Hamai, K., & Freier, M. C. (May, 2008). Pediatric obesity: Emotional eating behaviors and readiness for change. Poster presentation at the Pediatric Academic Society & Asian Society for Pediatric Research Joint Annual Meeting, Honolulu, Hawaii.

- Beck, A., Vedda, A. A., **Zaytsev, L.**, & Hamai, K., (September, 2007). Childhood obesity: The role of self-concept in motivation to change. Poster presentation at the Society for Developmental and Behavioral Pediatrics Conference, Providence, Rhode Island.
- Zaytsev, L.**, Freier, M. C., Freeman, K., Burley, T., Ashwal, S., & Holshouser, B. (June, 2007). Neonatal seizures and long-term cognitive outcomes in children. Poster presentation at the 5th Annual American Academy of Clinical Neuropsychology Conference on "Excellence in Clinical Practice", Denver, Colorado.
- Nichols, J. G., **Zaytsev, L.**, Freier, M. C., Holshouser, B., Shu, S., Burley, T., & Ashwal, S. (October, 2006). Proton spectroscopy and neuropsychological outcome following neonatal asphyxia with and without history of neonatal seizures. Poster presentation at the Child Neurology Society Annual Conference, Pittsburgh, Pennsylvania.
- Pivonka-Jones, J., **Zaytsev, L.**, Krishnamurthy, V., & Freier, M.C. (July, 2006). Emotional and arousal status post infant heart transplant. Poster presentation at the 10th World Congress of the World Association for Infant Mental Health, Paris, France.
- Freier, M.C., **Zaytsev, L.**, Mieras, S., Hopkins, G., Noga, D. A., Burlak, G. F., Bevz, R. T., Baranova, M. N., & McBride, D. (June, 2006). An assessment of HIV/AIDS knowledge and prevalence of risk behaviors among Ukrainian youth. Poster presentation at the National Institute on Drug Abuse International Forum, Scottsdale, Arizona.
- Freier, M. C. & **Zaytsev, L.** (January, 2006). An assessment of HIV/AIDS risk and protective factors of adolescents in Ukraine. Panel presentation at the Ukrainian Ministry of Health and the Ukrainian Child and Adolescent Health Center, Kiev, Ukraine.
- Pivonka-Jones, J., Mieras, S., **Zaytsev, L.**, Freier, M.C., Babikian, T., Hopkins, G., & McBride, D. (December, 2005). Social influence on tobacco use with adolescents in Eastern Europe. Panel presentation at the 133rd Annual American Public Health Association Conference, Philadelphia, Pennsylvania.
- Nichols, J. G., Freier, M. C., Holshouser, B., Shu, S., Burley, T., **Zaytsev, L.**, & Ashwal, S. (October, 2005). Proton spectroscopy and neuropsychological outcome following neonatal asphyxia. Poster presentation at the 25th National Academy of Neuropsychology Annual Conference, Tampa, Florida. Winner of Student Poster Award.
- Zaytsev, L.**, Freier, M. C., Van Stralen, D., Riggs, M., & Briere, J. (October, 2004). Post-Traumatic Stress symptoms in children admitted to the intensive care unit: Effects of procedural invasiveness. Poster presentation at the Society for Developmental and Behavioral Pediatrics Conference, Chicago, Illinois.

Freier, M. C., Hopkins, G., McBride, D., DiClemente, R., Riggs, M., Babikian, T., Lang, D., Pivonka, J., Enriquez, J., Zaytsev, L., & Richardson, L. (July, 2004). Utility of western theories in other cultures. Poster presentation at the NIMH Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, Atlanta, Georgia.

Zaytsev, L., Freier, M. C., Van Stralen, D., Riggs, M., & Briere, J. (April, 2004). Intensive care medical procedures and Post-Traumatic Stress symptoms in children. Poster presentation at the Society of Pediatric Psychology 2004 Conference, Charleston, South Carolina.

Zaytsev, L. and Freier, M. C. (December, 2003). Intensive care medical procedures: Post-Traumatic Stress Disorder-like symptoms in children. Oral presentation at the Loma Linda University Children's Hospital Grand Rounds, Loma Linda, California.

Zaytsev, L., Freier, M. C., Van Stralen, D., Briere, J., & Riggs, M. (October, 2003). Posttraumatic symptoms in children admitted to the PICU. Poster presentation at the CHEST 2003 Conference, Orlando, Florida.

### **Workshops and Training Attended:**

#### *Autism Diagnostic Observation Schedule Clinical Training*

July 2010. Description: 2-day training in administration and interpretation of ADOS to assess and diagnose autism. Presented by: Western Psychological Services.

#### *Watch, Wait, and Wonder Seminar*

October 2006. Description: 22-hour certified training in application of Watch, Wait, and Wonder dyadic therapeutic technique with young children and their parents. Conducted by: Nancy J. Cohen, Ph.D.

#### *Intensive Rorschach Training Seminar*

October 2005. Description: overview of research findings and in-depth training in scoring and interpretation of Rorschach. Conducted by: Donald Viglione, Ph.D.

#### *Clinical Hypnosis Workshop*

September/October 2004. Description: 20-hour certified training in the use of hypnosis, its applications in clinical pediatric settings, and techniques in self-hypnosis. Conducted by: Daniel Cohen, MD, Karen Olness, MD, Candace Erickson, MD, MPH, and Leora Kuttner, PhD.

#### *Gestalt Associate Training of Los Angeles*

October 2002 – May 2003; October 2004 – May 2005. Description: didactic training and application of Field theory to individual, group, and sex therapy. Conducted by: Todd Burley, Ph.D., ABPP, Rita Resnick, Ph.D., Robert Resnick, Ph.D., Liv Estrup, M.A., and Gonzague Masquelier.

*Domestic Violence Training*

July 2002; October 2002. Description: 26-hour certified training in issues related to the cycle of violence; dynamics and effects of domestic abuse on perpetrators, partners, and children; safety and treatment planning for victims; legal proceedings and treatment planning for perpetrators. Conducted by: Beverly Frank, Psy.D.

**Honors and Affiliations:**

Member of American Psychological Association

Member of California Psychological Association, Div. of Neuropsychology

Phi Beta Kappa

Golden Key National Honor Society