

# Your Rights and Protections Against Surprise Medical Bills

When you get emergency care or get treated by an out-of-network provider at an in-network hospital or ambulatory surgical center, you are protected from surprise billing or balance billing.

## **What is “balance billing” (sometimes called “surprise billing”)?**

When you see a doctor or other health care provider, you may owe certain out-of-pocket costs, such as a copayment, coinsurance, and/or a deductible. You may have other costs or have to pay the entire bill if you see a provider or visit a health care facility that isn't in your health plan's network.

“Out-of-network” describes providers and facilities that haven't signed a contract with your health plan. Out-of-network providers may be permitted to bill you for the difference between what your plan agreed to pay and the full amount charged for a service. This is called “**balance billing**.” This amount is likely more than in-network costs for the same service and might not count toward your annual out-of-pocket limit.

“Surprise billing” is an unexpected balance bill. This can happen when you can't control who is involved in your care—like when you have an emergency or when you schedule a visit at an in-network facility but are unexpectedly treated by an out-of-network provider.

## **You are protected from balance billing for:**

### **Emergency services**

If you have an emergency medical condition and get emergency services from an out-of-network provider or facility, the most the provider or facility may bill you is your plan's in-network cost-sharing amount (such as copayments and coinsurance). You **can't** be balance billed for these emergency services. This includes services you may get after you're in stable condition, unless you give written consent and give up your protections not to be balance billed for these post-stabilization services.

The Federal No Surprises Act and Ohio's Surprise Billing law (House Bill 388) establish patient protections including from Out-of-Network Providers' surprise bills ("balance billing") for Emergency Care and other specified items or services. Anthem will comply with these new state and federal requirements including how they process claims from certain Out-of-Network Providers. The Federal requirements are described in the “Consolidated Appropriations Act of 2021 Notice” at the front of the Anthem Medical Certificate Booklet that can be found at <https://www.anthem.com/>. Registration is required to log in to this site.

### **Certain services at an in-network hospital or ambulatory surgical center**

When you get services from an in-network hospital or ambulatory surgical center, certain providers there may be out-of-network. In these cases, the most those providers may bill you is your plan's in-network cost-sharing amount. This applies to emergency medicine, anesthesia, pathology, radiology, laboratory, neonatology, assistant surgeon, hospitalist, or intensivist services. These providers **can't** balance bill you and may **not** ask you to give up your protections not to be balance billed.

If you get other services at these in-network facilities, out-of-network providers **can't** balance bill you, unless you give written consent and give up your protections.

**You're never required to give up your protections from balance billing. You also aren't required to get care out-of-network. You can choose a provider or facility in your plan's network.**

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**When balance billing isn't allowed, you also have the following protections:**

- You are only responsible for paying your share of the cost (like the copayments, coinsurance, and deductibles that you would pay if the provider or facility was in-network). Your health plan will pay out-of-network providers and facilities directly.
- Your health plan generally must:
  - Cover emergency services without requiring you to get approval for services in advance (prior authorization).
  - Cover emergency services by out-of-network providers.
  - Base what you owe the provider or facility (cost-sharing) on what it would pay an in-network provider or facility and show that amount in your explanation of benefits.
  - Count any amount you pay for emergency services or out-of-network services toward your deductible and out-of-pocket limit.

**If you believe you've been wrongly billed:**

If you receive Emergency Services from an Out-of-Network Provider or Covered Services from an Out-of-Network Provider at an In-Network Facility or Out-of-Network Air Ambulance Services and believe those services are covered by the No Surprises Act, you have the right to appeal that claim. If your appeal of a Surprise Billing Claim is denied, then you have a right to appeal the adverse decision to an Independent Review Organization as set out in the "Your Right to Appeal" section of the Anthem Medical Certificate Booklet that can be found at <https://www.anthem.com/> . Registration is required to log in to this site.

**If You Have Questions About Your Rights or Need Assistance:**

<p><b><u>For Anthem Medical Plan Compliance or Assistance:</u></b>          You may contact the Claims Administrator:          Anthem Blue Cross and Blue Shield          P.O. Box 105568, Atlanta, GA 30348          To contact the Claims Administrator by phone please call the number on back of your identification card          Member Services 1-833-995-1483;          Fax: <b>1-888-859-3046</b>          E-Mail: <a href="mailto:Ohio.Appeals@anthem.com">Ohio.Appeals@anthem.com</a></p>	<p><b><u>For State of Ohio Compliance or Assistance:</u></b>          You may contact the Ohio Department of Insurance:          Ohio Department of Insurance          ATTN: Consumer Affairs          50 West Town Street, Suite 300, Columbus, OH 43215          1-800-686-1526 / 614-644-2673          1-614-644-3744 (fax)          1-614-644-3745 (TDD)</p> <p>Contact ODI Consumer Affairs or File a Consumer Complaint:  <a href="http://insurance.ohio.gov/Consumer/OCS/Pages/ConsCompl.aspx">http://insurance.ohio.gov/Consumer/OCS/Pages/ConsCompl.aspx</a></p>
<p><b><u>For Federal Compliance or Assistance:</u></b>          You may contact the Center for Medicare &amp; Medicaid Services:          CMS.gov/nosurprises          Help Desk at 1-800-985-305</p>	